

## PHONE NUMBERS

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## WHO IS AN ADDICT?

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered in drugs in one form or another — the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

## WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership; the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected to any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone can join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have but only in what you want to do about your problem and how we can help. The newcomer is the most important person in any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings stay clean.

"In NA., we follow a program adapted from Alcoholics Anonymous. More than one million people have recovered in A.A., most of them just as hopelessly addicted to alcohol as we were to drugs. We are grateful to the A.A. Fellowship for showing us the way to a new life.

The Twelve Steps of Narcotics Anonymous, as adapted from A.A., are the basis of our recovery program. We have only broadened their perspective. We follow the same path with a single exception; our identification as addicts is all-inclusive with respect to any mood-changing, mind-altering substance. Alcoholism is limited a term for us; our problem is not a specific substance, it is a disease called addiction."



**Narcotics  
Anonymous**®

Central Area  
Of Maine

MEETING LIST  
FEBRUARY 1992

Central Area of Maine  
Narcotics Anonymous  
P.O. Box 8068  
Lewiston, Me. 04243  
(207) 761-6695



# Narcotics Anonymous®

## SUNDAY

7:00-8:30pm  
**AUBURN ME.** **PATH FOLLOWERS GR.**  
First Universalist Church  
Pleasant Street C 12s

## MONDAY

7:30-8:30pm  
**LEWISTON ME.** **CHANGING THE LIE GR.**  
St. Mary's Hospital  
Learning Resource Ctr.,  
278 Sabbathus St. OD RT H

8:00-9:00pm  
**WATERVILLE ME.** **GENERIC GR.**  
Seton Hospital  
6th Floor OD H

## TUESDAY

6:15-7:30pm  
**FARMINGTON ME.** **MAIN ST. DRAGON SLAYERS**  
Henderson Memorial  
Baptist Church  
Academy-Main St. OD

5:45-6:45pm  
**LEWISTON ME.** **FREELY SPEAKING GR.**  
12 Hour Club  
52 Bates St. OD

7:00-8:30pm  
**RANDOLPH ME.** **TRUE COLORS GR.**  
Methodist Church  
Belmont St. to Asbury St. OD

## WEDNESDAY

8:00-9:00pm  
**SOUTH PARIS ME.** **FREE FOR TODAY GR.**  
First Cong. Church  
Market Square OD H

7:30-8:30pm  
**N. MONMOUTH ME.** **SERENDIPITY GR.**  
Old School House  
Main St. OD H

## WED. CONT.

7:30-9:00pm  
**AUGUSTA ME.** **LET IT BEGIN WITH ME GR.**  
Togus VA Hospital BLD. 206  
West End Day Room  
Route 17 0 12s H

8:00-9:00pm  
**WATERVILLE ME.** **GENERIC GR.**  
Seton Hospital 6th Fl. CD H

## THURSDAY

5:15-6:15pm  
**LEWISTON ME.** **ATTITUDE ADJUSTMENT GR.**  
Multi-Purpose Ctr.,  
145 Birch St. OD

7:00-8:00pm  
**WINTHROP ME.** **UNWASHED AND SOMEWHAT-  
SLIGHTLY DAZED GR.**  
Winthrop High School  
Highland Ave. OD

7:30-9:00pm  
**AUGUSTA ME.** **LUCKY GR.**  
Togus VA Hospital BLD. 206  
West End Day Room  
Route 17 OD H

4:00-5:00pm  
**BRIDGETON ME.** **FREE SPIRIT GR.**  
United Methodist Church  
Main St. 12S 12T

7:30-9:00pm  
**WILTON ME.** **FIVE AND DIME NORTH GR.**  
First Cong. Church  
Main St. OD

### MEETING CODE:

0-Open Meeting; C-Closed for addicts and  
Those Who May Think They Have A Problem With Drugs  
D-Discussion; 12S-Step Meeting; 12T-Tradition  
Meeting; RT-Recovery Text; H-Handicapped Accessible

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## FRIDAY

8:00-9:00pm  
**LEWISTON ME.** **FOREVER CHANGING GR.**  
Multi-Purpose Center  
145 Birch St. OD

8:00-9:00pm  
**LIVERMORE FALLS ME.** **LIVE-MORE GR.**  
Treat Memorial Library OD 12S

7:30-8:30pm  
**HALLOWELL ME.** **TOP OF THE HILL GR.**  
Pre-Release Center  
Winthrop Hill OD

## SATURDAY

7:30-9:00pm  
**AUGUSTA ME.** **LIVING IN TODAY GR.**  
Togus VA Hospital Bld. 206  
West End Day Room  
Route 17 OD H

7:30-8:30pm  
**BELFAST ME.** **SATURDAY NIGHT ALIVE GR.**  
Waldo County Hospital  
North Port Ave. OD H

8:00-9:00pm  
**SOUTH PARIS ME.** **DECISION TO LIVE GR.**  
First Cong. Church  
Market Square OD RT H

## JUST FOR TODAY

*JUST FOR TODAY my thoughts will be on my recovery,  
living and enjoying life without the  
use of drugs.*

*JUST FOR TODAY I will have faith in someone in N.A.  
who believes in me and wants to help  
me in my recovery.*

*JUST FOR TODAY I will have a program.  
I will try to follow it to the best  
of my ability.*

*JUST FOR TODAY through N.A. I will try to get a better  
perspective on my life.*

*JUST FOR TODAY I will be unafraid, my thoughts will  
be on my new associations, people who  
are not using and have found a new way  
of life. So long as I follow that way  
I have nothing to fear.*