

### WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovered addicts who meet regularly to help each other to stay clean. This is a program of complete abstinence from all drugs. There is only "One" requirement for membership, the honest desire to stop using. There are no musts in N.A. but we suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is that "They Work."

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no leaders, no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, color, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

**Just For  
Today . . .**

**I never have to use again !!**

**Phone Numbers**

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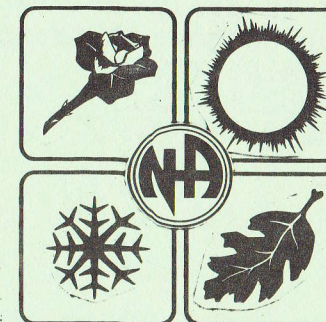
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**4-Seasons Area  
of N.A.  
P.O. Box 608  
Plaistow, N.H. 03865**

**NARCOTICS  
ANONYMOUS**



**Four  
Seasons  
Area**

**Meeting  
List**

**Dec. '85**



## Sunday

"Awareness"  
88 Hanover St.,  
2nd floor  
Manchester, N.H.  
10:00 am (OSPD)

"CAME TO BELIEVE"  
Grace Methodist Church  
471 Main Street  
Haverhill, MA.  
7:00 pm (OD)

## Monday

"HIGH ON LIFE"  
St. Anne's Bingo Hall  
Haverhill St. (Rt. 110)  
Lawrence, MA.  
8:00 pm (OSPD)

"FREEDOM GROUP"  
Portsmouth Hosp.  
Junkins Ave.  
Portsmouth, N.H.  
7:30 pm (OSPD)

## Tuesday

"TO THINE OWN SELF BE TRUE"  
Holy Angels Church Hall  
Route 121  
Plaistow, N.H.  
8:00 pm (OSPD)

## Wednesday

" S.W.D."  
North Parish                      Seabourne Hospital  
Mass. Ave.                      Seabourne Drive  
No. Andover, MA.              Dover, N.H.  
8:00 pm (CMD)              8:00 pm (OSPD)

"Stairway to Life"  
Easter Seals Ctr.  
Auburn & Lincoln st.  
Manchester, N.H.  
7:30 pm (OSTD)

## Thursday

"SAFE HARBOR"  
ST. Louis de Gonzague Church  
Federal & Beck St's  
Newburyport, MA.  
8:00 pm (OSPD)

"TOGETHER"  
Old Boy's Club Bldg.  
Hamstead Rd.  
Derry, N.H.  
8:00 pm (OSPD)

## Friday

"JUST FOR TODAY"  
Union Congregational Church  
350 Main St.  
Amesbury, MA.  
8:00 pm (OSPD)

"NASHUA GROUP"  
St. Joseph's Hosp.  
Nashua, N.H.  
8:00 pm (OSPD)

## Saturday

"Recovery Road"  
1st Baptist Church  
Main st.  
Plaistow, N.H.  
6:30 pm (OSPD)

"Emanon"  
Grace Church  
Lowell st.  
Manchester, N.H.  
7:30 pm (OSPD)

"Franklin Mtg."  
St. Jude's Episcopal Church  
Central st.  
Franklin, N.H.  
8:00 pm (OSPD)

St. Joseph Rel. Ed.Center  
Corner Messer & Church St.  
Laconia, N.H. (Yellow house)  
8:00 pm (OD)

Brookside Hospital  
Rt. 101 A(left@Greystone plaza)  
Nashua, N.H.  
1:30 pm (OSPD)

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**Meeting Code:** (O)-Open to Public (M)- Men Only (Sp)-Speaker (D)-Discussion (ST)-Step

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