

Phone Numbers

INFO-LINE (603) 432-0168

If your meeting does not appear
on this list please write:

**4-Seasons Area
of N.A.
P.O. Box 608
Plaistow, N.H. 03865**

**Thank you,
Literature Committee**

JUST FOR TODAY

Tell yourself —

JUST FOR TODAY my thoughts will be on my recovery,
living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A.
WHO BELIEVES IN ME AND WANTS TO HELP
ME IN MY RECOVERY.

JUST FOR TODAY I will have a program. I will try to
follow it to the best of my ability.

JUST FOR TODAY through N.A. I will try to get a better
perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will
be on my new associations, people who are not using
and who have found a new way of life. So long as I
follow that way, I have nothing to fear.



WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.



**FOUR SEASONS AREA
OF NARCOTICS ANONYMOUS**

MEETING LIST FALL 1986

**FOUR SEASONS AREA
OF NARCOTICS ANONYMOUS
P.O. BOX 608
PLAISTOW, N.H. 03865**



SUNDAY

TIME IS NOW

Frisbee Hospital
Rochester, N.H.
7:00 p.m. (OSPD)

AWARENESS

88 Hanover St.
Manchester, N.H.
10:00 a.m. (OSPD)

CAME TO BELIEVE

Grace Methodist Church, 471 Main Street
Haverhill, MA
7:00 p.m. (OD)

MONDAY

HIGH ON LIFE

St. Anne's Bingo Hall
Haverhill St. (Rte. 110), Lawrence, MA
8:00 p.m. (OSPD)

FREEDOM GROUP

Portsmouth Hospital, Junkins Ave
Portsmouth, N.H.
7:30 p.m. (OSPD)

CONCORD GROUP

450 N. Main St., Concord, N.H.
7:30 p.m. (OSPD)

ST. JOSEPH JR. HIGH

Corner of Bridge and Pine St.
Manchester, N.H.
7:30 p.m. (OSPD) (NS)

TUESDAY

TO THINE OWN SELF BE TRUE

Holy Angels Hall
Route 121, Plaistow N.H.
8:00 p.m. (OSPD)

TUESDAY NIGHT RECOVERY

Lake Shore Hospital
Zachary Rd., Manchester, N.H.
8:00 p.m. (RT)

WEDNESDAY

STUDS WITHOUT DRUGS

North Parish
Mass. Ave., North Andover, MA
8:00 p.m. (OMD)

TURNING POINT

Jack & Jill Nursery School
Messer & Church Sts., Laconia, N.H.
8:00 p.m. (OD)

STAIRWAY TO LIFE

Easter Seals Center
Auburn & Lincoln Sts., Manchester, N.H.
7:30 p.m. (OSTD)

SEABOURNE HOSPITAL

Seabourne Drive, Dover, N.H.
8:00 p.m. (OSPN) (NS)

THURSDAY

SAFE HARBOR

St. Louis de Gonzague Church
Federal & Beck Sts., Newburyport, MA
8:00 p.m. (OD)

TOGETHER

Old Boys' Club Building
Hampstead Rd., Derry, N.H.
8:00 p.m. (OSPD)

A WAY OF LIFE

Bon Secours Hospital (Board Room)
East St., Methuen, MA
8:00 p.m. (OSTD)

FRIDAY

JUST FOR TODAY

Union Congregational Church
350 Main St., Amesbury, MA
8:00 p.m. (OSPD)

NASHUA GROUP

St. Joseph's Hospital
Nashua, N.H.
8:00 p.m. (OSPD)

SEABOURNE HOSPITAL

Seabourne Drive, Dover, N.H.
8:00 p.m. (OSPD) (NS)

SATURDAY

RECOVERY ROAD

1st Baptist Church
Main St., Plaistow, N.H.
6:30 p.m. (OSPD) (NS)

EMANON

Grace Church
Lowell St., Manchester, N.H.
7:30 p.m. (OSPD)

FRANKLIN MEETING

St. Jude Episcopal Church
Central St., Franklin, N.H.
8:00 p.m. (OSPD)

BROOKSIDE HOSPITAL

Rte. 101A (Left at Greystone Plaza),
Nashua, N.H.
1:30 p.m. (OSPD)