
NEW MEETINGS

AREA HELP LINES

Four Seasons Area — (617) 884-7709
PO Box 608, Plaistow, NH 03865

Green Mtn. Area — (802) 862-4516
PO Box 4020, White Rvr Jnc, VT 05001

Seacoast Area — (603) 432-0168
PO Box 652, Dover, NH 03820

Tri-Area of Maine — (207) 761-6695
PO Box 5309, Portland, ME 04101

If you want to use, use the phone

Phone Numbers

OTHER ACTIVITIES

Granite State Area Service
Unitarian Universalist Church
669 Union Street
Manchester, NH
*First Sunday Each Month
12:30 to 5:00 pm*

JUST FOR TODAY

Tell yourself —

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through N.A., I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership; the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is *they work*.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Granite State Area of**Narcotics Anonymous®**

**MEETING LIST
SUMMER/FALL 1993**

Unless otherwise noted,
all meetings are:

- *Non-Smoking*
- *Open to Non-Addicts*

Granite State Area
of Narcotics Anonymous
P.O. Box 4354
Manchester, NH 03108
(603) 432-0168

SUNDAY

10:00 am 486 Chestnut St. (SP/D)
Manchester **Sunday Morning Awareness**

6:00 pm New Horizons Building (D)
Manchester 199 Manchester Street
Vision of Hope

7:00 pm Concord Hosp Nurses Auditorium (D)
Concord Pleasant Street
Freedom Thru Unity ♿

7:00 pm 69 Island St., out back (Serenity Club) (ST/TR)
Keene **Back To Basics**

MONDAY

Noon 669 Union Street (TR)
Manchester **Serenity for Lunch**

7:30 pm Project Second Start Bldg. (ST/RT)
Concord 450 No. State Street
Firehouse Family Group

7:30 pm Crestwood Nursing Home (RT)
Milford Crosby Street
We Need Help Group

8:00 pm Salvation Army Building (D)
Laconia Union Avenue
Living Free Group ♿

8:00 pm St. Joseph Junior High (IP/TR/D)
Manchester Corner Bridge and Pine Sts.
Monday Night Group

TUESDAY

Noon 669 Union Street (D)
Manchester **Serenity for Lunch**

7:00 pm First Congregational Church (TR/ST)
Concord Washington Street
Recovery Through Discovery ♿

TUESDAY cont.

7:30 pm 69 Island St., out back (Serenity Club) (RT)
Keene **Back To Basics**

7:30 pm Friendship House/Route 302 (SP/D)
Bethlehem **Presidential Range Group** ♿

(SP/T/D)
Room Full of Miracles ♿

WEDNESDAY

Noon 669 Union Street (IP)
Manchester **Serenity for Lunch**

7:30 pm Cmr Meetinghouse Rd/Church St. (ST/D)
Bedford **Stairway to Life**

7:30 pm Androscoggin Valley Hospital (D)
Berlin Page Hill Road/4th Floor
Street Talk

7:30 pm Hudson Community Church (D)
Hudson 19 Central Street
Fifth Tradition Meeting

8:00 pm Congregational Church Parish House (RT)
Laconia Depot Square
Turning Point

THURSDAY

Noon 669 Union Street (C/ST)
Manchester **Serenity for Lunch**

6:00 pm 69 Island St., out back (Serenity Club) (RT/SP)
Keene **Back To Basics**

8:00 pm St. Pauls, cmr Bruce & Smyth Rd. (SP/D)
Manchester **Straight Ahead**

FRIDAY

Noon 669 Union Street (T/D)
Manchester **Serenity for Lunch**

7:30 pm 101 Manchester Street (T/D)
Manchester **Real Deal Group**

8:00 pm Congregational Church (ST/D)
Laconia Parish House, Depot Square
Friday Night Step & Tradition Meeting ♿

8:00 pm Unitarian Universalist Church (SP/D)
Nashua Cmr Lowell and Canal Sts.
Live Clean Or Die Group

7:30 pm United Methodist, Main St. (C/SP/D)
Raymond **Second Chance**

SATURDAY

9:00 am 486 Chestnut Street (O/D)
Manchester **Serenity For Breakfast**

7:00 pm Keystone Hall/Pine St. Extension (SP/D)
Nashua **Sat. L.C.O.D.**

7:30 pm United Methodist Church/Main St. (RT)
Hillsboro **Open Arms Group**

7:30 pm 101 Manchester Street (SP/D)
Manchester **Emanon**

8:00 pm St. Jude's Episcopal Church (SP/D)
Franklin Central Street
New Horizons

MEETING CODES

(C) Closed - Addicts Only (D) Discussion (IP) Info. Pamphlet (RT) Recovery Text (S) Smoking (SP) Speaker
(ST) Step (T) Topic (TR) Tradition ♿ Handicapped Accessible (INTRO) Introductory Guide