

FRIDAY

BANGOR
7-8:00 PM
O D H

New Beginning
Comm. Health Counseling
Services, 42 Cedar St.
Behind homeless shelter

DAMARISCOTTA **Living Free**
7:30-9:00 PM
O D H CL
Miles Memorial Hospital
3rd Fl Conference Rm
Rt. 130 (Bristol Rd.)

ELLSWORTH **Alive & Kicking**
7-8:00 PM
O D H
Your Place - Old Mill Rd/1A
&179, behind Sunrise Glass

KEZAR FALLS **Sacoppee Valley Recovery**
7:00-8:30 PM
O D
Riverside United Methodist Ch
5 School St.

LEWISTON **Simply Addicts**
6:00-7:00 PM
O D H
12 Hour Club
120 Lisbon St.

MADAWASKA **Valley In Recovery**
7:30-8:30 PM
O H
St John Valley Assoc
291 Newberry Dr, Ste 105

PORTLAND **Just For Tonight** (Rear Entr.)
7-8:15 PM
O L H
Immanuel Baptist Ch
156 High St. Use Deering St.
Traditions/Concept last Fri. of month

PRESQUE ISLE **Courage to Change**
7:30-8:30 PM
O D
Academy House
150 Academy St

ROCKLAND **New Attitudes**
6:30-7:30 PM
O D CL H
St. Peters Church
11 White St
Corner White & Limerock St

WATERVILLE **Waterville Five & Dime**
6-7:30 PM
C D L H
First Congregational Church
7 Eustis Parkway at Main St.
Open Mtg. last Fri. of Month

SATURDAY

AUGUSTA
6-7:30 PM
O D
Living In Today
Riverview Psychiatric Hosp.
Hospital St. Main Building

BANGOR **New Freedom**
7:00-8:00 PM
O D H
E Maine Medical Center
489 State St. Conf Rm 2-B

Beals Island **Basic Text Meeting**
12:00 Noon
O BT 12 H
Community Church of Christ
Church Street

BELFAST **Saturday Morning Group**
10-11:00 AM
O D H
United Methodist Church
23 Mill Lane

FARMINGTON **Nineish** (Crosby Room)
9-10:00 AM
O D H
Franklin County Mem. Hosp.
111 Franklin Health, Rt. 2

PORTLAND **Breakfast Club** (use side entrance)
8:30 -9:30 AM
O D
1st Unitarian Universalist Ch
425 Congress St. at Temple

PORTLAND **Principles Before Personalities**
7-8:00 PM
O D CL
Immanuel Baptist Church
156 High St.
Use Deering St. Rear Entrance

S THOMASTON **The Keag is Up**
6:30 PM
O D CL
People's United Methodist Ch
13 Chapel St.

**IF YOU WANT TO USE ...
USE THE PHONE!**

MEETING CODES

- O..... Open Meeting, all welcome
C..... Closed Meeting for addicts and
those who think they might have a
problem
D..... Discussion
B..... Beginners
SP..... Speaker Meeting
BT..... Basic Text
JFT... Just For Today
12..... Step/Tradition Meeting
L..... Literature
H..... Handicapped Accessible
I..... Institution
W..... Women's Meeting
CL..... Candlelight

**Addicts needing recovery
may attend any meeting
regardless of how it is listed.**



**NARCOTICS
ANONYMOUS**

7

Maine Meeting List January-March 2010

(01/16/10)

For the most current meeting list visit:

www.namaine.org

or call the Helpline

**For additional meeting lists, either
download them from the website or
copy this meeting list.**

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends - jails, institutions or death - or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous."

✧ **HELPLINE** ✧

1-800-974-0062



Maine Area Service Committee
PO Box 5309
Portland, ME 04101

NA World Services
PO Box 9999
Van Nuys, CA 91409-9099
818-773-9999

SUNDAY

BANGOR

7-8:00 PM
O 12 H

Grateful We're Not Dead

Acadia Hosp, 268 Stillwater
Osprey/Penobscot Room

ELLSWORTH

7-8:00 PM
O D H

Alive & Kicking

Your Place Inc.-Old Mill Rd/1A
&179, behind Sunrise Glass

JONESPORT

7-8:00 PM
O D H

Serenity

Community Church of Christ
W. Main St/Rt. 187 (next to library)

KENNEBUNK

6:30-8 PM
O L D

Free At Last

Christ's Church - Rear Door
6 Dane Street/Rt. 1 & 35

MADAWASKA

2:00-3:00 PM
O H

Valley In Recovery

St John Valley Assoc
291 Newberry Dr, Ste 105

PORTLAND

6-7:15 PM
O 12

Step Up (use side entrance)

1st Unitarian Universalist Ch
425 Congress St at Temple

MONDAY

AUGUSTA

7:30-9 PM
O D H

Warm and Slightly Fuzzy

Grace United Methodist Church
13 Green St

BANGOR

7-8:00 PM
O D H

New Beginning

Comm. Health Counseling
Services, 42 Cedar St.
Behind homeless shelter

BELFAST

6:30-7:30 PM
O 12 H

2nd Chances

55 Spring Street
First Church of Belfast 'Annex'
Behind Crosby School

BRIDGTON

7-8:00 PM
O D L H

How It Works (Room 4)

Bridgton Community Center
15 Depot St.

BRUNSWICK

7-8:00 PM
O B JFT D

Monday Night Madness

Unitarian Church
15 Pleasant St.
Community Room

CASCO

7-8:00 PM
O L H

Lake Region Group

Clyde Bailey Drop In Center
224 Roosevelt Trail

KENNEBUNK

7-8:00 PM
O D H

It Just Gets Better

St David's Episcopal Church
138 York Street

LEWISTON

6-7:30 pm
O 12 H

Just For Today Step Meeting

73 Pine St (corner of Pine & Bates)
Use Bates St entrance

PORTLAND

7:00-8:15 PM
O D CL Topic

Unity (use side entrance)

1st Unitarian Universalist Ch
425 Congress St. at Temple

WATERVILLE

7:30-9-ish PM
O H CL SP

Monday Night Candlelight

St. Mark's Church
60 Eustis Parkway at North St

TUESDAY

ALFRED

7-8:00 PM
O D H

How You Doing?

Notre Dame Spiritual Center
147 Shaker Hill Rd.
(off Route 202) Denis Hall

BANGOR

7-8:00 PM
O D H

Grateful We're Not Dead

Acadia Hosp, 268 Stillwater
Osprey / Penobscot Room

BATH

7:30-8:30 PM
O D 12

Second Chance

Church of the Nazarene
191 Centre St. Stanford Hall,
at back of parking lot

ELLSWORTH

7:00-8:00 PM
O D H

Alive & Kicking

Your Place - Old Mill Rd/1A
&179, behind Sunrise Glass

FARMINGTON

6:30-7:30 PM
O 12

Main Street Dragon Slayers

Henderson Mem. Baptist Ch
110 Academy (at Main St.)

PORTLAND

7-8:15 PM
O S-123 H

Share & Live

State Street Church, UCC
159 State Street

PRESQUE ISLE

7-8:00 PM
O D

Courage to Change

Academy House
150 Academy St

ROCKLAND

6:30-8:00 PM
O BT CL H

New Attitudes

St. Peters Episcopal Church
11 White St (corner of White &
Limerock)

WATERVILLE

7:30-9:00 PM
O D H JFT

Who Am I?

St. Mark's Church
60 Eustis Parkway at North St

WESTBROOK

7:30-8:30 PM
O D H

Welcome Home

Mercy Hospital
40 Park Road

WEDNESDAY

BANGOR

7:00-8:00 PM
O D H

New Beginning

Comm. Health Counseling
Services, 42 Cedar St.
Behind homeless shelter

DAMARISCOTTA

7:30-8:30 PM
O 12 H

Spiritual Warriors

Miles Memorial Hospital
3rd Floor Conference Rm
Rt 130 (Bristol Rd.)

LEWISTON

6-7:00 PM
O D H

Simply Addicts

12 Hour Club
120 Lisbon St.

MEXICO

7-8:00 PM
O B D H

New Hope For River Valley

St. Theresa's Church
7 Brown St

PORTLAND

7-8:15 PM
O D H

New Life

St. Luke's Church
143 State St.
Use Park St. Entrance

SACO

5:30 -6:30 pm
O 12 H

How & Why Step Group

Community Center
1500 Ledgewood Terrace

SIDNEY

7-8 pm
O D

Wednesday Night in Sidney

Sidney Second Baptist Church
3022 West River Rd

THURSDAY

ALFRED

8-9ish PM
O L H

Just For Today

Notre Dame Spiritual Center
147 Shaker Hill Rd.
(off Route 202) Denis Hall

BANGOR

7-8:00 PM
O D 12 H

Grateful We're Not Dead

Acadia Hospital, 268 Stillwater
Osprey / Penobscot Room

BELFAST

6:30-7:30 PM
O D H

Thursday Night Group

United Methodist Church
23 Mill Lane

BRIDGTON

7-8:00 PM
C W H L

Basic Sisters With Tradition

St. Peter's Episcopal Church
42 Sweden Rd (Rt 93 off Rt 302)

EAST WINTHROP

7-8:00 PM
O D H

Unwashed & Somewhat

Slightly Dazed
East Winthrop Baptist CH
93 Old Village Road

FARMINGTON

7-8:00 PM
C 12 L

Step Awareness

Franklin County
Memorial Hospital
111 Franklin Health, Rt. 2

FORT KENT

7:30-8:30 PM
O

New Attitude

Wellness Center
83 W. Main St
Same parking as Subway

PORTLAND

8-9:00 PM
O D

No Name

Sacred Heart Church
Corner of Sherman/Mellen

SOUTH PARIS

6-7:00 PM
O, L, H,
JFT, D

JFT Meeting

Church of Christ
140 Paris Hill

SOUTH PORTLAND

6-7:00 PM
O BT

No More Nightmares on Elm St.

Elm Street United Methodist Ch.
Elm St. is between firehouse
&Amato's, 1 block away from
Broadway

For New Hampshire Meeting Information

888-624-3578

or

www.gsana.org

**"Our message is hope and
the promise is freedom."**