

THURSDAY

New Hampshire

12:00 PM—**MANCHESTER, NH** <Granite State Area>Serenity For Lunch, Unitarian Universalist Church, 869 Union St., front door; upstairs (ST)
 12:00PM—**NASHUA, NH** <Granite State Area>Living In The Solution, United Methodist Church, 154 Main Street, rear door (RT/ST/D)
 7:00 PM—**DERRY, NH** <Granite State Area> When At The Crossroads, Community Center 39 West Broadway HA (RT/D)
 7:00 PM—**NASHUA, NH** <Granite State Area> Freedom Ain't Free, Church of the Good Shepard 216 Main St. (ST/TR/CN)
 7:30 PM—**CHICHESTER, NH** <Granite State Area> Learning To Live, Historical Society Building, Main St. 2nd floor (FV)
 7:30 PM—**GROTON, MA** <Granite State Area> One Addict Helping Another, Union Congregational Church 216 Main, Route 119 (FV)
 7:30 PM—**MANCHESTER, NH** <Granite State Area> Straight Ahead, Child and Family Services Building, 99 Hanover Street, Last Thurs. of month is Literature Discussion (SP/D)
 7:30 PM—**PORTSMOUTH, NH** <Granite State Area> Enough Is Enough, St. John Episcopal Church 101 Chapel St., check all entrances (SP/D)
 8:00 PM—**NORTH CONWAY, NH** <Granite State Area> One Promise, American Legion, 116 Kearsarge St. (JFT)

Maine

7:30-8:30 AM—**BANGOR, ME** <Southern Maine Area> Grateful We're Not Dead, St. John's Episcopal Church, French St.
 7:00-8:00 PM—**BANGOR, ME** <Southern Maine Area> Community Health & Counseling Services, Behind homeless shelter 42 Cedar St. (12T D H)
 7:00-8:00PM—**BANGOR, ME** <Southern Maine Area> Get Right Group, Acadia Hospital, Stillwater, Ave (O ST SP H)
 7:00- 8:00 PM—**BAR HARBOR** <Southern Maine Area>Serenity Bound, St. Saviors Parish House, Firefly Lane, Behind Reel Pizza (O D)
 7:00-8:15 PM—**PORTLAND, ME** <Southern Maine Area> Women's Gift of Life Group, Church of the Holy Spirit, Directly off 295N, Exit 5 East Behind Denny's on outer Congress St., (Topic)
 7:00-8:00 PM—**WINTHROP, ME** <Southern Maine Area> Unwashed & Somewhat Slightly Dazed Group Methodist Church Main St. (O D NS H)
 7:30-8:30 PM—**BATH, ME** <Southern Maine Area> Serenity Group, United Church of Christ, Upstairs, Fellowship Room Congress Street (O 12 H)
 7:30 PM—**FORT KENT, ME** <Southern Maine Area> New Attitudes Group, St. Lois Parish, In the rear Main St. (C D)
 8:00-9:00ish PM—**ALFRED, ME** <Southern Maine Area> Just For Today, Notre Dame Spiritual Center (Dennis Hall) Shaker Hill Road-Route 202 (L O NS H)
 8:00-9:15 PM—**PORTLAND, ME** <Southern Maine Area> No Name Group, Sacred Heart Church, Sherman & Mallen Streets (O D)

FRIDAY

New Hampshire

12:00 PM—**DOVER, NH** <Seacoast Area> Friday Noon Time, Triangle Club, 120 Broadway. (ST/D)
 12:00PM—**NASHUA, NH** <Granite State Area> Living In The Solution, United Methodist Church, 154 Main Street, rear door (RT/ST/D)
 12:00 PM—**MANCHESTER, NH** <Granite State Area> Serenity For Lunch, Unitarian Universalist Church 869 Union St., Front Ent. Upstairs (T/D)
 7:00 PM—**DERRY, NH** <Granite State Area> It's About Time, Community Center, 39 W. Broadway HA (SP/T/D)
 7:30 PM—**LACONIA, NH** <Granite State Area> Hot Topics, Unitarian Universalist Church, 172 Pleasant St. (T/D)
 7:30 PM—**MANCHESTER, NH** <Granite State Area> Real Deal, Grace Church, 106 Lowell St. (T/D)
 7:30 PM—**STRATHAM, NH** <Seacoast area> Choices, Stratham Community Church, Emery Lane, This is a closed meeting for addicts only, please no children allowed (C H W D)
 8:00PM—**AMESBURY, MA** <Seacoast Area> Just For Today, Union Congregational Church, 350 Main St (SP D)
 8:00 PM—**NASHUA, NH** <Granite State area> Live Clean Or Die, Unitarian Universalist Church 68 Lowell corner of Canal St., Upstairs (SP D)

Maine

7:30-8:30AM—**BANGOR, ME** <Southern Maine Area> Grateful We're Not Dead, St. John's Episcopal Church, French St.
 12:00-1:00 PM—**PORTLAND, ME** <Southern Maine Area> Thank God It's Friday Group, Salvation Army 88 Preble St. (O D L)

8:00-7:30 PM—**WATERVILLE, ME** <Southern Maine Area> Waterville Five & Dime, First Congregational Church Eustis Parkway & Main St., (C D O*) *Last Friday of the month
 6:30-7:30 PM—**ROCKLAND, ME** <Southern Maine Area> New Attitudes Group, Key Bank 331 Main St. (O D)
 7:00-8:00 PM—**BANGOR, ME** <Southern Maine Area> Community Health & Counseling Services, Behind homeless shelter 42 Cedar St. (O D H)
 7:00-8:00 PM—**BANGOR, ME** <Southern Maine Area> Carry The Message Group, Acadia Hospital, Stillwater Ave. (D)
 7:00-8:30PM—**KEEZER FALLS** <Southern Maine Area> Saccoppee Valley Recovery Group, Maine Bank & Trust, Federal Road Route 25 (O D)
 7:00-8:00 PM—**ELLSWORTH, ME** <Southern Maine Area> Alive and Kicking, "Your Place" Corner of 1A & 179/180 Old Mill Road Behind Sunrise Glass, tan building (O D)
 7:00-8:15 PM **PORTLAND, ME** <Southern Maine Area> Just For Tonight, Immanuel Baptist Church Rear entrance; downstairs, Deering St. (C L H)
 7:30-8:00 PM—**AUGUSTA, ME** <Southern Maine Area> Freedom Group, Mennonite Church Corner of King & Sewall (O D)
 7:30-8:00 PM—**NEWCASTLE, ME** <Southern Maine Area> Living Free Group, Saint Andrew's Church Glidden St. (O D)
 8:00-9:00 PM—**LIVERMORE FALL, ME** <Southern Maine Area> Live More Group, Church, Rte 17 & 133 (O D SP*) *Once a month
 8:30-9:30 PM—**LEWISTON, ME** <Southern Maine Area> Changing The Lie Group, 12 Hour Club, back room, Lisbon St. Lewiston ME (O D)

SATURDAY

New Hampshire

6:00 PM—**N. CONWAY, NH** <Granite State Area> One Promise, American Legion, 118 Kearsarge St. (JFT)
 6:30 PM—**PLAISTO, NH** <Granite State Area> Recovery Road, 1st Baptist Church, Main St. HA (JFT)
 7:00 PM—**NASHUA, NH** <Granite State Area> A New Way of Life, Keystone Hall, Pine St. Extension Back door, Upstairs (SP D)
 7:30 PM—**FRANKLIN** <Granite State Area> Not Named Yet, St. Judes Episcopal Church, Central Street (next to Police Station), (Formal not yet decided)
 7:30 PM—**MANCHESTER, NH** <Granite State Area> Emmanon, Tirrel House, 15 Brook St. Half block East of Elm St. Behind pizza parlor, Use rear basement door (RT)
 7:30 PM—**ROCHESTER, NH** <Seacoast Area> Clean To Grow, Frisbee Hospital, Conference Room #1 (O ST H)
Maine
 11:00-12:00 AM—**BANGOR, ME** <Southern Maine Area> Carry The Message Group, Acadia Hospital, Stillwater Ave. (D)
 12:00-1:00 PM—**SOUTH PARIS, ME** <Southern Maine Area> Methodist Church, Stone Church across from Irving, Main St. (O D)
 7:00-8:30 PM—**AUGUSTA, ME** <Southern Maine Area> Living in Today Group, AMH Grounds, Stone South Upper Room, Use the Main Entrance (O D)
 7:00-8:00 PM—**BELFAST, ME** <Southern Maine Area> Saturday Night Freedom Group, Coastal Counseling Services Across From Hospital, 118 Northport Ave., Conference Room (C D H)
 7:00-8:00 PM—**PORTLAND, ME** <Southern Maine Area> Principles Before Personalities, Immanuel Baptist Church Downstairs, Rear Entrance, Deering St., Candlelight (O D)
 7:30-8:30 or 9:00 PM—**BANGOR, ME** <Southern Maine Area> New Freedom Group, Eastern Maine Medical Center Conference Room 2-B State St. & Hancock St. (O D H)
 9:00- 10:00 PM—**AUGUSTA, ME** <Southern Maine Area> Night Lighters, Mennonite Church Corner of King & Sewall, Candlelight (O D)
 9:00-10:00 AM—**FARMINGTON** <Southern Maine Area> Nineish Group, Franklin County Memorial Hospital Conf. Rm. (O D H)

MEETINGCODES

12 = Step/Tradition Meeting	JFT=Just For Today
B/ST = Beginner's Step Meeting	L=Literature
C = Closed Addicts Only	D=Discussion
O = Open Meeting	FV=Format Varies
RT = Recovery Text	SP=Speaker
H = Handicapped Accessible	BT=Basic Text
I = Institution	ST=Step
IP = Information Pamphlet	T=Topic
IW = It Works How & Why	



NARCOTICS ANONYMOUS®



**NORTHERN NEW ENGLAND
REGIONAL MEETING
DIRECTORY
MARCH 2004**

Northern New England Regional Service Committee
 P.O. Box 1274
 Saco, ME 04072

Granite State Area of Narcotics Anonymous
 PO Box 5171, Manchester, NH 03108
 (603) 645-4777
<http://www.gsana.org>

Seacoast Area of Narcotics Anonymous
 PO Box 512
 Greenland, NH 03840
 (603) 645-4777

Southern Maine Area of Narcotics Anonymous
 PO Box 5309 Portland, ME 04101
 1-800-974-0062
www.namaine.org

Neighboring Areas/Regions Helpline Numbers

New England Regional Phoneline 1-866-NA-HELP-U
 Berkshire County 1-413-443-4377
 Connecticut 1-800-627-3543
 Greater Providence 1-800-736-4597
 Western MA 1-413-538-7474
 Vermont Champlain Valley 1-802-862-4516
 Vermont Green Mountain 1-802-773-5575
 Quebec 1-418-624-2598
 New Brunswick 1-888-436-2929

SUNDAY

New Hampshire

10:00 AM—MANCHESTER, NH <Granite State Area>
Awareness, VA Hospital, Smyth Rd.
Training & Education Rm N129 (SP D A)
4:00 PM—PLYMOUTH, NH <Granite State Area>
Yes, A New Freedom Group
Congregational Church, 4 Post Office Square, parlor (FV)
6:00 PM—MANCHESTER, NH <Granite State Area>
Vision Of Hope, New Horizons Bldg.
199 Manchester St., basement (D)
7:00 PM—CONCORD, NH <Granite State Area>
Freedom Through Unity, Concord Hospital
250 Pleasant St. Payson Center for Cancer Care
3rd Floor, Conf. Rm. C. (T SP D H)
7:30 PM—NASHUA, NH <Granite State Area>
Trusting The Process, St. Joseph's Hospital
Kinsley St., Carl Amelio Room, basement (ST RT H)
7:30 PM—DOVER, NH <Seacoast Area>
Time Is Now, Anne Marie Connelly Crisis Center,
272 County Rd, back entrance (SP D)
7:30 PM—PORTSMOUTH, NH <Seacoast Area>
Time To Live, Portsmouth Community Campus
100 Campus Drive, West Rd., back of campus (T D)
8:00 PM—DOVER, NH <Seacoast Area>
Keep It Real, Wentworth Douglas Hospital, 789 Central Ave
Salmon Falls room (D H)
8:00 PM—N. CONWAY, NH <Granite State Area>
One Promise, American Legion, 116 Kearsarge St. (JFT)

Maine

6:00—7:00 PM—AUGUSTA, ME <Southern Maine Area>
Bread Of Life Soup Kitchen, (formerly on Thursday Evenings)
Water St. Augusta, ME (O RT)
6:00—7:15 PM—PORTLAND, ME <Southern Maine Area>
Step Up Group, First Parish Unitarian Universalist Church (rear
entrance) 425 Congress St. (at Temple St.) (O 12)
6:45-7:45 PM—LEWISTON, ME <Southern Maine Area>
Trinity Episcopal Church 247 Bates St. (O D)
6:30-7:30 PM—CALAIS, ME <Southern Maine Area>
Just For Today In Calais, United Methodist Church
331 Main St., Route 1 South (O D H L)
6:30-8:00 PM—KENNEBUNK, ME <Southern Maine Area>
Free At Last, Christ's Church Dane St., Corner of Route 1 & 35,
rear door (O D L)
7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Acadia Hospital, Stillwater Avenue (O D H)
7:00-8:00 PM—ELLSWORTH, ME <Southern Maine Area>
Alive & Kicking, "Your Place" Corner of 1A & 179/180 Old Mill Road
(behind Sunrise Glass, tan building) (O D)
7:30-8:30 PM—PORTLAND, ME <Southern Maine Area>
Hope Is Still Alive Group, YWCA Building, 87 Spring St. (O D)
7:30-8:30 PM—WALDOBORO, ME <Southern Maine Area>
Tides Of Change Group, Grange Hall on Main St.
(just below Camden National Bank) (O D L)

MONDAY

New Hampshire

12:00PM—NASHUA, NH <Granite State Area>
Living The Solution, United Methodist Church, 154 Main
Street, rear door (RT ST D)
12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church
669 Union St., front entrance (TR)
7:30 PM—CONCORD, NH <Granite State Area>
Firehouse Family, Project 2nd Start Bldg.,
450 N. State St., upstairs (ST D)
7:30 PM—LACONIA, NH <Granite State Area>
Living Free, St. James Episcopal Church
N. Main St., Rte. 106 (D H)
7:30 PM—MANCHESTER, NH <Granite State Area>
Monday Night, Child and Family Services Building, 99 Hanover Street
(IP/RT/D)
7:30 PM—MILFORD, NH <Granite State Area>
We Need Help, Unitarian Universalist Church
20 Elm St., back door (IW RT H)
7:30 PM—HOOKSETT, NH <Granite State Area>
Sisters Of Surrender, Bethel Christian Fellowship Church,
206 Whitehall Rd., (RT F D)

Maine

7:30-8:30AM—BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead Group,
St John's Episcopal Church, French St.
12:00-1:00 PM—PORTLAND, ME <Southern Maine Area>
Monday Message, Salvation Army 88, Preble St. (O D L)
6:00-7:00 PM—OLD ORCHARD BEACH, ME <Southern Maine>
Holy Trinity Church, The Most Holy Trinity Hall, 271 Main St.
Basement, Room #4 (O 12)
7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Community Health & Counseling Services (behind homeless shelter)
42 Cedar St. (O D H)
7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Carry The Message Group, Acadia Hospital, Stillwater Ave. (D)
7:00-8:00 PM—BRIDGTON, ME <Southern Maine Area>
How It Works Group, Community Center, 15 Depot St.
(Behind Remy's) (O D)
7:00-8:00 PM—HOULTON, ME <Southern Maine Area>
Salvation Army (C BT D)
7:00-8:15 PM—PORTLAND, ME <Southern Maine Area>
Unity Group, First Parish Unitarian Universalist Church (rear entrance)
425 Congress St., Corner of Temple & Congress (O D)
7:30-8:00 PM—AUGUSTA, ME <Southern Maine Area>
Warm and Slightly Fuzzy Group, Mennonite Church
Sewall St. (O D)
7:30-8:30 PM—MADAWASKA, ME <Southern Maine Area>
Madawaska NA Group, St. John Valley Associate Building
10C 11th Avenue (C D)
7:30-9:00 PM—PRESQUE ISLE <Southern Maine Area>
Hugs Not Drugs Group, Academy House, Academy St.
(Near Hospital) (O D)

TUESDAY

New Hampshire

12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church
669 Union St., front entrance (D)
12:00PM—NASHUA, NH <Granite State Area>
Living The Solution, United Methodist Church, 154 Main
Street, rear door (RT ST D)
5:30 PM—DOVER, NH <Seacoast Area>
Tuesday After Work Group, St. Georges Church, 15 Chapel St.
5:30 PM—DOVER, NH <Seacoast Area>
Tuesday Original, Triangle Club, 120 Broadway, HA (O/RR)
Side Entrance, HA (O/D)
7:00 PM—CONCORD <Granite State Area>
Recovery Thru Recovery, First Congregational Church Corner
of Washington St. and Main St. HA (RT/D)
7:30 PM—AMHERST, NH <Granite State Area>
Still Alive And Well, Souhegan Congregational Church, #6 Rte 101A
East on Millford town line, main floor, back room (FV)
7:30 PM—MANCHESTER, NH <Granite State Area>
Room Full Of Miracles, Grace Church, 106 Lowell St.
Upstairs (SP/T/D)
7:30 PM—PORTSMOUTH, NH <Seacoast Area>
Dare To Dream 12 Step Group, Community Campus
100 Campus Drive, West Road, back of campus. HA (ST/D)
8:00 PM—WOODSTOCK, NH <Granite State Area>
Presidential Range Group, Pemi Church, Route 3 (FV-H)

Maine

7:30-8:30AM—BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead, St John's Episcopal Church, French St.
6:15-7:30 PM—FARMINGTON, ME <Southern Maine Area>
Main Street Dragon Slayers Group, Henderson Memorial
Baptist Church, Academy & Main Streets (O 12)
6:30-7:30 PM—ROCKLAND, ME <Southern Maine Area>
Cellar Dwellers, St. Peters Church, Limerock St. (O H Candlelight)
7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Community Health & Counseling Services (behind homeless shelter)
42 Cedar St. (O 12 H)
7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Carry The Message Group, Acadia Hospital, Stillwater Ave. (D)
7:00-8:00 PM—ELLSWORTH, ME <Southern Maine Area>
Alive & Kicking, "Your Place" Corner of 1A & 179/180 Old Mill Rd.
Behind Sunrise Glass, tan building, (O D)

7:30-8:30 PM—BATH, ME <Southern Maine Area>
Church of the Nazarene (Stanford Hall - Around Back)
Across from the Courthouse (O D)
7:30-9:00 PM—WATERVILLE, ME <Southern Maine Area>
Who Am I Group, St. Mark's Church Eusitis Parkway (O D)
8:00-9:15 PM—PORTLAND, ME <Southern Maine Area>
Share & Live Group, YWCA Building 87 Spring St. (O D H)

WEDNESDAY

New Hampshire

12:00 PM—CONCORD, NH <Granite State Area>
Recovery For Lunch, Salvation Army Building, 58 Clinton St. (FV)
12:00PM—NASHUA, NH <Granite State Area>
Living In The Solution, United Methodist Church, 154 Main
Street, rear door (RT/ST/D)
12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church, 669 Union St.
7:00 PM—AMESBURY, MA <Seacoast Area>
Primary Purpose, Elms, 51 Friend St., HA (RT/D)
7:00 PM—LACONIA, NH <Granite State Area>
Turning Point, Congregational Church Parrish House
Veterans Square (SP/RT)
7:30 PM—BEDFORD, NH <Granite State Area>
Stairway To Life, At the Church on the corner of Meetinghouse
Rd. and Church St., front entrance, downstairs (ST)
7:30 PM—HUDSON, NH <Granite State Area>
Fifth Tradition, Hudson Community Church
19 Central St. HA (JFT)
7:30 PM—PORTSMOUTH, NH <Granite State Area>
Lost Dreams Awakened, Crossroad House,
600 Lafayette Road (T/D)
8:00 PM—NORTH CONWAY, NH <Granite State Area>
ONE PROMISE, American Legion, 116 Kearsarge (ST)

Maine

7:30-8:30AM—BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead Group, St John's
Episcopal Church, French St.
6:30-7:30 PM—AUGUSTA, ME <Southern Maine Area>
All Will Be Well Group, St. Mark's Church Annex,
Summer St., Upstairs (O D H)
6:30-7:30 PM—OLD ORCHARD BEACH, ME <Southern
Maine Area>
Milestone, 28 Portland St. (O D)
7:00-8:00 PM—BANGOR <Southern Maine Area>
Community Health & Counseling Services, Behind Homeless Shelter
42 Cedar St. (O D H)
7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Carry The Message Group, Acadia Hospital, Stillwater Ave. (D)
7:00-8:30 PM—LEWISTON, ME <Southern Maine Area>
The Solution Starts Here, Trinity Episcopal Church
247 Bates St. (O D 12)
7:00-8:00 PM—PORTLAND, ME <Southern Maine Area>
New Life Group, St. Lukes Church Park St. Entrance (O H)
8:00-9:00 PM—NEWCASTLE, ME <Southern Maine Area>
Spiritual Warriors Group, St. Andrew's Church
Glidden St. (O 12 H)
8:30-9:30 PM—WATERVILLE, ME <Southern Maine Area>
Generic Group, Mt. St. Merc School Library (C D H I)

