



NARCOTICS ANONYMOUS



NORTHERN NEW ENGLAND REGIONAL MEETING DIRECTORY WINTER 2004

Granite State Area of Narcotics Anonymous
PO Box 5171, Manchester, NH 03108
(603) 645-4777
<http://www.gsana.org>

Seacoast Area of Narcotics Anonymous
PO Box 512
Greenland, NH 03840
(603) 645-4777

Southern Maine Area of Narcotics Anonymous
PO Box 5309 Portland, ME 04101
1-800-974-0062
www.namaine.org

Neighboring Areas/Regions Helpline Numbers

New England Regional Phoneline	1-866-NA-HELP-U
Berkshire County	1-413-443-4377
Connecticut	1-800-627-3543
Greater Providence	1-800-736-4597
Western MA	1-413-538-7474
Vermont Champlain Valley	1-802-862-4516
Vermont Green Mountain	1-802-773-5575
Quebec	1-418-624-2598
New Brunswick	1-888-436-2929

SUNDAY

New Hampshire

10:00 AM—MANCHESTER, NH <Granite State Area>
Awareness, VA Hospital, Smyth Rd
Training & Education Rm N129 (SP D A)

4:00 PM—PLYMOUTH, NH <Granite State Area>
Yes, A New Freedom Group
Congregational Church, 4 Post Office Square, parlor (FV)

6:00 PM—MANCHESTER, NH <Granite State Area>
Vision Of Hope, New Horizons Bldg.
199 Manchester St., basement (D)

7:00 PM—CONCORD, NH <Granite State Area>
Freedom Through Unity, Concord Hospital
250 Pleasant St. Payson Center for Cancer Care
3rd Floor, Conf. Rm. C, (T SP D H)

7:30 PM—NASHUA, NH <Granite State Area>
Trusting The Process, St. Joseph's Hospital
Kinsley St., Carl Amelio Room, basement (ST RT H)

7:30 PM—DOVER, NH <Seacoast Area>
Time Is Now, Anne Marie Connelly Crisis Center,
272 County Rd, back entrance (SP D)

7:30 PM—PORTSMOUTH, NH <Seacoast Area>
Time To Live, Portsmouth Community Campus
100 Campus Drive, West Rd., back of campus (T D)

8:00 PM—DOVER, NH <Seacoast Area>
Keep It Real, Wentworth Douglas Hospital, 789 Central Ave
Salmon Falls room (D H)

8:00 PM—N. CONWAY, NH <Granite State Area>
One Promise, American Legion, 116 Kearsarge St. (JFT)

Maine

10:00-11:00 AM—BANGOR, ME <Southern Maine Area>
L'il Lad's Basket (Under EPIS), Main St. (O D)

2:30-3:45 PM—RUMFORD, ME <Southern Maine Area>
Keep It Simple, 138 Franklin St. (O D)

6:00 -7:15 PM—PORTLAND, ME <Southern Maine Area>
Step Up Group, First Parish Unitarian Universalist Church (rear entrance),
425 Congress St. (at Temple St.) (O 12)

6:30-7:30 PM—CALAIS, ME <Southern Maine Area>
Just For Today In Calais, United Methodist Church
331 Main St., Route 1 South (O D H L)

6:30-8:00 PM—KENNEBUNK, ME <Southern Maine Area>
Free At Last, Christ's Church Dane St., Corner of Route 1 & 35,
rear door (O D L)

7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Acadia Hospital, Stillwater Avenue (O D H)

7:00-8:00 PM—ELLSWORTH, ME <Southern Maine Area>
Alive & Kicking, "Your Place" Corner of 1A & 179/180 Old Mill Road
(behind Sunrise Glass, tan building) (O D)

7:30-8:30 PM—PORTLAND, ME <Southern Maine Area>
No Name Group, YWCA Building, 87 Spring St. (O D)

7:30-8:30 PM—WALDOBORO, ME <Southern Maine Area>
Tides Of Change Group, Grange Hall on Main St.
(just below Camden National Bank) (O D L)

MONDAY

New Hampshire

12:00PM-NASHUA, NH <Granite State Area>
Living The Solution, United Methodist Church, 154 Main
Street, rear door (RT ST D)

12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church
669 Union St., front entrance (TR)

7:30 PM—CONCORD, NH <Granite State Area>
Firehouse Family, Project 2nd Start Bldg.,
450 N. State St., upstairs (ST D)

7:30 PM—LACONIA, NH <Granite State Area>
Living Free, St. James Episcopal Church
N. Main St., Rte. 106 (D H)

7:30 PM—MANCHESTER, NH <Granite State Area>
Monday Night, Child and Family Services Building, 99 Hanover Street
(IP/RT/D)

7:30 PM—MILFORD, NH <Granite State Area>
We Need Help, Unitarian Universalist Church
20 Elm St., back door (IW RT H)

7:30 PM-HOOKSETT, NH
Sisters Of Surrender, Bethel Christian Fellowship Church,
206 Whitehall Rd., (RT F D)

Maine

7:30-8:30AM-BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead Group,
St John's Episcopal Church, French St.

12:00-1:00 PM—PORTLAND, ME <Southern Maine Area>
Monday Message, Salvation Army 88, Preble St. (O D L)

6:00-7:00 PM—OLD ORCHARD BEACH, ME <Southern Maine>
Step Study, Salvation Army, Annex Building, 22 Church
St. (O 12)

7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Community Health & Counseling Services (behind
homeless shelter)

7:00-8:15 PM—PORTLAND, ME <Southern Maine Area>
Unity Group, First Parish Unitarian Universalist Church (rear
entrance) 425 Congress St., Corner of Temple & Congress (O D)

7:30-9:00 PM—AUGUSTA, ME <Southern Maine Area>
Warm and Slightly Fuzzy Group, Mennonite Church
Sewall St. (O D)

7:30-8:30 PM—MADAWASKA, ME <Southern Maine Area>
Madawaska NA Group, St. John Valley Associate Building
10C 11th Avenue (C D)

7:30-9:00 PM-PRESQUE ISLE <Southern Maine Area>
Hugs Not Drugs Group, Academy House, Academy St.
(Near Hospital) (O D)

TUESDAY

New Hampshire

12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church
669 Union St., front entrance (D)

12:00PM-NASHUA, NH <Granite State Area>
Living The Solution, United Methodist Church, 154 Main
Street, rear door (RT ST D)

5:30 PM—DOVER, NH <Seacoast Area>
Tuesday After Work Group, St. Georges Church, 15 Chapel St.

5:30 PM-DOVER, NH <Seacoast Area>
Tuesday Original, Triangle Club, 120 Broadway, HA (O/RR)
Side Entrance, HA (O/D)

7:00 PM—CONCORD <Granite State Area>
Recovery Thru Recovery, First Congregational Church Corner
of Washington St. and Main St. HA (RT/D)

7:30 PM—AMHERST, NH <Granite State Area>
Still Alive And Well, Souhegan Congregational Church, #5 Rte 101A
East on Milford town line, main floor back room (FV)

7:30 PM—MANCHESTER, NH <Granite State Area>
Room Full Of Miracles, Grace Church, 106 Lowell St.
Upstairs (SP/T/D)

7:30 PM—PORTSMOUTH, NH <Seacoast Area>
Dare To Dream 12 Step Group, Community Campus
100 Campus Drive, West Road, back of campus, HA (ST/D)

8:00 PM—WOODSTOCK, NH <Granite State Area>
Presidential Range Group, Peni Church, Route 3 (FV-H)

Maine

7:30-8:30AM-BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead, St John's Episcopal Church, French St.

6:15-7:30 PM—FARMINGTON, ME <Southern Maine Area>
Main Street Dragon Slayers Group, Henderson Memorial
Baptist Church, Academy & Main Streets (O 12)

6:30-7:30 PM-ROCKLAND, ME <Southern Maine Area>
Cellar Dwellers, St. Peters Church, Limerock St. (O H Candlelight)

7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Community Health & Counseling Services (behind homeless shelter)
42 Cedar St. (O 12 H)

7:00-8:00 PM—ELLSWORTH, ME <Southern Maine Area>
Alive & Kicking, "Your Place" Corner of 1A & 179/180 Old Mill Rd.
Behind Sunrise Glass, tan building, (O D)

7:00-8:00 PM-HOULTON, ME <Southern Maine Area>
Military St. Baptist Church, 80 Common St. (Basement) (C D 12)

7:00-8:15 PM—GARDINER, ME <Southern Maine Area>
True Colors Group, New Freedom Church Highland Avenue
& Winter, Park on Winter, (O D TOPIC)

7:30-8:30 PM—BATH, ME <Southern Maine Area>
Church of the Nazarene (Stanford Hall - Around Back)
Across from the Courthouse (O D)

7:30-9:00 PM—WATERVILLE, ME <Southern Maine Area>
Who Am I Group, St. Mark's Church Eusitis Parkway (O D)

8:00-9:15 PM—PORTLAND, ME <Southern Maine Area>
Share & Live Group, YWCA Building 87 Spring St. (O D H)

WEDNESDAY

New Hampshire

12:00 PM—CONCORD, NH <Granite State Area>
Recovery For Lunch, Salvation Army Building, 58 Clinton St. (F/V)

12:00PM-NASHUA, NH <Granite State Area>
Living In The Solution, United Methodist Church, 154 Main Street, rear door (RT/ST/D)

12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church, 669 Union St.

7:00 PM—AMESBURY, MA <Seacoast Area>
Primary Purpose, Elms, 51 Friend St, HA (RT/D)

7:00 PM—LACONIA, NH <Granite State Area>
Turning Point, Congregational Church Parrish House Veterans Square (SP/RT)

7:30 PM—BEDFORD, NH <Granite State Area>
Stairway To Life, At the Church on the corner of Meetinghouse Rd. and Church St., front entrance, downstairs (ST)

7:30 PM—HUDSON, NH <Granite State Area>
Fifth Tradition, Hudson Community Church
19 Central St. HA (JFT)

7:30 PM—PORTSMOUTH, NH <Granite State Area>
Lost Dreams Awakened, Crossroad House,
600 Lafayette Road (T/D)

8:00 PM—NORTH CONWAY, NH <Granite State Area>
ONE PROMISE, American Legion, 116 Kearsarge (ST)

Maine

7:30-8:30AM-BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead Group, St John's
Episcopal Church, French St.

6:30-7:30 PM—AUGUSTA, ME <Southern Maine Area>
All Will Be Well Group, St. Mark's Church Annex,
Summer St., Upstairs (O D H)

6:30-7:30 PM—OLD ORCHARD BEACH, ME <Southern
Maine Area>
Milestone, 28 Portland St. (O D)

7:00-8:00 PM—BANGOR <Southern Maine Area>
Community Health & Counseling Services, Behind Homeless Shelter
42 Cedar St. (O D H)

7:00-8:30 PM—LEWISTON, ME <Southern Maine Area>
The Solution Starts Here, Trinity Episcopal Church
247 Bates St. (O D 12)

7:00-8:00 PM—PORTLAND, ME <Southern Maine Area>
New Life Group, St. Lukes Church Park St. Entrance (O H)

8:00-9:00 PM—NEWCASTLE, ME <Southern Maine Area>
Spiritual Warriors Group, St. Andrew's Church
Glidden St. (O 12 H)

8:30-9:30 PM—WATERVILLE, ME <Southern Maine Area>
Generic Group, Mt. St. Merc School Library (C D H I)

THURSDAY

New Hampshire

12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church, 669
Union St., front door; upstairs (ST)

12:00PM-NASHUA, NH <Granite State Area>
Living In The Solution, United Methodist Church, 154 Main
Street, rear door (RT/ST/D)

7:00 PM—DERRY, NH <Granite State Area>
When At The Crossroads, Community Center
39 West Broadway HA (RT/D)

7:00 PM—NASHUA, NH <Granite State Area>
Freedom Ain't Free, Church of the Good Shepard
216 Main St. (ST/TR/CN)

7:30 PM—CHICHESTER, NH <Granite State Area>
Learning To Live, Historical Society Building, Main St.
2nd floor (FV)

7:30 PM—GROTON, MA <Granite State Area>
One Addict Helping Another, Union Congregational Church
216 Main, Route 119 (FV)

7:30 PM—MANCHESTER, NH <Granite State Area>
Straight Ahead, Child and Family Services Building, 99 Hanover
Street, Last Thurs. of month is Literature Discussion (SP/D)

7:30 PM—PORTSMOUTH, NH <Granite State Area>
Enough Is Enough, St. John Episcopal Church
101 Chapel St., check all entrances (SP/D)

8:00 PM—NORTH CONWAY, NH <Granite State Area>
One Promise, American Legion, 116 Kearsarge St. (JFT)

Maine

7:30-8:30 AM-BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead, St. John's Episcopal Church,
French St.

7:00-8:00PM-BANGOR, ME <Southern Maine Area>
Get Right Group, Acadia Hospital Stillwater, Ave (O ST SP H)

7:00- 8:00 PM-BAR HARBOR <Southern Maine Area>
Serenity Bound, St. Saviors Parish House, Firefly Lane, Behind Reel
Pizza (O D)

7:00-8:15 PM—PORTLAND, ME <Southern Maine Area>
Women's Gift of Life Group, Church of the Holy Spirit, Directly off
295N, Exit 5 East Behind Denny's on outer Congress St., (Topic)

7:00-8:00 PM—WINTHROP, ME <Southern Maine Area>
Unwashed & Somewhat Slightly Dazed Group
Methodist Church Main St. (O D NS H)

7:30 PM—FORT KENT, ME <Southern Maine Area>
New Attitudes Group, St. Lois Parish, In the rear
Main St. (C D)

8:00-9:00ish PM—ALFRED, ME <Southern Maine Area>
Just For Today, Notre Dame Spiritual Center (Dennis Hall)
Shaker Hill Road-Route 202 (L O NS H)

8:00-9:15 PM—PORTLAND, ME <Southern Maine Area>
No Name Group, Sacred Heart Church, Sherman & Mellen Streets (O D)

9:00-10:00 PM—AUGUSTA, ME <Southern Maine Area>
Back To Basics, Bread of Life Soup Kitchen Water St. (O H BS)

FRIDAY

New Hampshire

12:00 PM—DOVER, NH <Seacoast Area>
Friday Noon Time, Triangle Club, 120 Broadway, (ST/D)

12:00PM-NASHUA, NH <Granite State Area>
Living In The Solution, United Methodist Church, 154 Main
Street, rear door (RT/ST/D)

12:00 PM—MANCHESTER, NH <Granite State Area>
Serenity For Lunch, Unitarian Universalist Church
669 Union St., Front Ent. Upstairs (T/D)

7:00 PM—DERRY, NH <Granite State Area>
It's About Time, Community Center, 39 W. Broadway HA (SP/T/D)

7:30 PM—LACONIA, NH <Granite State Area>
Hot Topics, Unitarian Universalist Church, 172 Pleasant St. (T/D)

7:30 PM—MANCHESTER, NH <Granite State Area>
Real Deal, Grace Church, 106 Lowell St. (T/D)

7:30 PM—STRATHAM, NH <Seacoast area>
Choices, Stratham Community Church, Emery Lane,
This is a closed meeting for addicts only, please no
children allowed (C H W D)

8:00PM—AMESBURY, MA <Seacoast Area>
Just For Today, Union Congregational Church, 350 Main St (SP D)

8:00 PM—NASHUA, NH <Granite State area>
Live Clean Or Die, Unitarian Universalist Church
58 Lowell corner of Canal St., Upstairs (SP D)

Maine

7:30-8:30AM-BANGOR, ME <Southern Maine Area>
Grateful We're Not Dead, St. John's Episcopal Church, French St.

12:00-1:00 PM—PORTLAND, ME <Southern Maine Area>
Thank God It's Friday Group, Salvation Army 88 Preble St. (O D L)

6:00-7:30 PM—WATERVILLE, ME <Southern Maine Area>
Waterville Five & Dime, First Congregational Church Eustis
Parkway & Main St., (C D O*) *Last Friday of the month

6:30-7:30 PM—ROCKLAND, ME <Southern Maine Area>
New Attitudes Group, Key Bank 331 Main St. (O D)

7:00-8:00 PM—BANGOR, ME <Southern Maine Area>
Community Health & Counseling Services, Behind homeless shelter
42 Cedar St. (O D H)

7:00-8:00PM-KEEZER FALLS <Southern Maine Area>
Saco Valley Recovery Group, Maine Bank & Trust, Federal
Road Route 25 (O SP D)

7:00-8:00 PM—ELLSWORTH, ME <Southern Maine Area>
Alive and Kicking, "Your Place" Corner of 1A & 179/180 Old Mill Road
Behind Sunrise Glass, tan building (O D)

7:00-8:15 PM PORTLAND, ME <Southern Maine Area>
Just For Tonight, Immanuel Baptist Church
Rear entrance; downstairs, Deering St. (C L H)

7:30-9:00 PM—AUGUSTA, ME <Southern Maine Area>
Freedom Group, Mennonite Church Corner of King & Sewall (O D)

7:30-9:00 PM—NEWCASTLE, ME <Southern Maine Area>
Living Free Group, Saint Andrew's Church Glidden St. (O D)

8:00-9:00 PM—LIVERMORE FALL, ME <Southern Maine Area>
Live More Group, Church, Rte. 17 & 133 (O D SP*) *Once a month

SATURDAY

New Hampshire

6:00 PM—N. CONWAY, NH <Granite State Area>
One Promise, American Legion, 116 Kearsarge St. (JFT)

6:30 PM—PLAISTO, NH <Granite State Area>
Recovery Road, 1st Baptist Church, Main St. HA (JFT)

7:00 PM—NASHUA, NH <Granite State Area>
A New Way of Life, Keystone Hall, Pine St. Extension
Back door, Upstairs (SP D)

7:30 PM-FRANKLIN <Granite State Area>
Not Named Yet, St. Judes Episcopal Church, Central Street
(next to Police Station), (Format not yet decided)

7:30 PM—MANCHESTER, NH <Granite State Area>
Emanon, Tirrel House, 15 Brook St. Half block East of Elm St.
Behind pizza parlor, Use rear basement door (RT)

7:30 PM-ROCHESTER, NH <Seacoast Area>
Clean To Grow, Frisbee Hospital, Conference
Room #1 (O ST II)

Maine

12:00-1:00 PM—SOUTH PARIS, ME <Southern Maine Area>
Methodist Church, Stone Church across from Irving, Main
St. (O D)

7:00-8:30 PM—AUGUSTA, ME <Southern Maine Area>
Living in Today Group, AMHI Grounds, Sewing Room
Left of Main Building (O D)

7:00-8:00 PM—BELFAST, ME <Southern Maine Area>
Saturday Night Freedom Group, Coastal Counseling Services Across
from Hospital, 118 Northport Ave., Conference Room (C D H)

7:00-8:00 PM—PORTLAND, ME <Southern Maine Area>
Principles Before Personalities, Immanuel Baptist Church
Downstairs, Rear Entrance, Deering St., Candlelight (O D)

7:30-8:30 or 9:00 PM—BANGOR, ME <Southern Maine Area>
New Freedom Group, Eastern Maine Medical Center
Conference Room 2-B State St. (O D H)

9:00- 10:00 PM—AUGUSTA, ME <Southern Maine Area>
Night Light, Mennonite Church Corner of King & Sewall,
Candlelight (O D)

9:00-10:00 AM—FARMINGTON <Southern Maine Area>
Nineish Group, Franklin County Memorial Hospital Conf. Rm.
(O D H)

MEETING CODES

12 = Step/Tradition Meeting	JFT = Just For Today
B/ST = Beginner's Step Meeting	L = Literature
C = Closed Addicts Only	D = Discussion
O = Open Meeting	FV = Format Varies
RT = Recovery Text	SP = Speaker
H = Handicapped Accessible	
I = Institution	ST = Step
IP = Information Pamphlet	T = Topic
IW = It Works How & Why	