

## This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.


Seacoast Area  
of Narcotics Anonymous  
P.O. Box 652  
Dover, NH 03820  
(603) 432-0168







# Narcotics Anonymous®


## SUNDAY

**RECOVERY IN PROGRESS** — Community Church, Durham, NH, 7:00 p.m. (OSPD) 

**TIME IS NOW** — Frisbee Hospital, Cafeteria, Rochester, NH, 7:30 p.m. (OSPD) 

## MONDAY

**FREEDOM GROUP** — New Portsmouth Hospital, Pavillion, Portsmouth, NH, 7:30 p.m. (OSPD) 

**SERENITY BY THE SEA** — York Hospital, in cottage on hill, off from back parking lot, York, ME, 7:30-9:00 p.m. (OSPD) 

**CLEAN HEADS** — Episcopical Church, Pine & Main St., North Conway, 8:00 p.m. (OSPTD)


## TUESDAY


**DARE TO DREAM 12 STEP GROUP** — Portsmouth Pavillion Cafeteria, Portsmouth, NH, 7:30 p.m. (ST)

**COURAGE TO CHANGE** — Dover Crisis Center, 6th St., (Behind Riverview Nursing Home) Dover, NH, 7:30 p.m. (OSPD)

## WEDNESDAY

**DEATH OR ALTERNATIVE GROUP** — Seabourne Drive, Dover, NH, 7:00 p.m. (OSTD) 

**LAST CHANCE** — Seabourne Hospital, Dover, NH, 8:00 p.m. (OSPD) 

 Handicap Access


HA


All meetings non-smoking — unless noted otherwise.

## THURSDAY

**A.L.F. (ACCEPTANCE, LOVE & FAITH)** — St. Cecilia's Catholic Church, Main St., Wolfeboro, NH, 6:30 p.m. (ST)


**HUGS ARE BETTER THAN DRUGS** — St. Cecilia's Catholic Church, Main St., Wolfeboro, NH, 7:30 p.m. (OSPD)


**ENOUGH IS ENOUGH GROUP** — Salvation Army Bldg., Market Square (across from library), Portsmouth, NH, 7:30 p.m. (OSPD) 

**HOPE WITHOUT DOPE** — Senior Citizens' Center, Court St., Exeter, NH, 7:30 p.m. (OSPD) 

**ADDICTS IN THE ATTIC** — Eastern Slope Inn, Suite B, North Conway, NH, 7:30 p.m. (FV)

## FRIDAY

**DRUGS WERE US** — Kingston Day Care Center, Church St., Kingston, NH, 7:30 p.m. (OSPD) 


**LEARN TO LIVE** — Seabourne Hospital, Seabourne Drive, Dover, NH, 8:00 p.m. (OSPD) 

## SATURDAY

**CLEAN TO GROW** — Frisbee Hospital Cafeteria, Rochester, NH, 8:00 p.m. (OSPD)

**GROW BY THE BOOK** — Stratham Comm. Church, Emery Ln., Stratham, NH, 7:00 p.m. (ORTD)

## OTHER ACTIVITIES

**\*FIRST SUNDAY OF EVERY MONTH** — Seacoast Area Service - Wentworth-Douglas Hospital, 789 Central Ave., Dover, NH, 10:00 a.m. - 4:00 p.m. 

\*Unless otherwise noted.

Friday: Growth + Gratitude

UNITED METHODIST Church  
CAYATE RD.  
HAMPTON, NH

7:00 pm

OSTD  
HA

MEETING CODE: (O) - Open to Public (SP) - Speaker (D) - Discussion (ST) - Step (S) - Smoking (RT) - Recovery Text (FV) Format Varies (T) Topic