

Northern New England News



Granite State Area of NA

PO Box 5171
Manchester, NH 03108
1-888-624-3578

<http://www.gsana.org>

Maine Area of NA

PO Box 5309
Portland, ME 04101
1-800-974-0062

<http://www.namaine.org>

Seacoast Area of NA

PO Box 512
Greenland, NH 03840
1-888-624-3578

<http://www.gsana.org>

Northern New England Regional Service Committee
PO Box 1274, Saco, ME 04072

February 2010

nnenewsletter@yahoo.com

Issue 36

NNERSC Update

The January 9th RSC was in Manchester, NH. We had all three Areas in attendance. We are still looking for a Treasurer

The Multi Regional Learning Event XI (MRLE) is now history and now we are in the midst of Conference Agenda Report Workshops and discussions. Looking ahead, the word is that MRLE XII will be held December 2 – 4, 2011.

There are tentative plans for a Unity barbeque to coincide with the July RSC in the Granite State Area.

The next RSC meeting is March 13, 2010 in Portland, ME at the Mercy Hospital, in the Administrative Conference Room, level B-1. Newsletter at 11am, RSC @ noon.

Dates of next RSC meetings are: May 8, 2010 (Seacoast), July 10, 2010 (GSA), September 11, 2011 (Maine).



In this issue:

Northern New England RSC News:	p. 1
North East Zonal Forum Update:	p. 2
About the CAR:	p.2-3
MRLE Memories:	p. 4
What is the CAT?:	p.4
CAR Workshop in the GSA:	p.4-5
MRLE At A Glance:	p.5
Statement of Purpose:	p. 5
NA World Service News:	p. 6
Area Updates:	p. 6-8
Coming Soon:	p.9
CAR Word Scramble Fun:	p.10
Calendar:	p. 11

DISCLAIMER: The opinions expressed here do not necessarily reflect the views of NA as a whole, the NNERSC, or the Newsletter Subcommittee.



North East Zonal Forum

The Northeast Zonal Forum meets twice a year, once in the winter and once in the summer. It is composed of fourteen regions in the northeast United States. Its main focus is on discussion, both of topics important to our member regions, and of issues facing NA worldwide.

The NEZF met last week in Queens NY, hosted by the Greater New York Region. The topic for the Saturday sessions was the Conference Agenda Report and there was also some time spent on the weekend on the Conference Approval Track. The meeting was attended by 2 members of the World Board. We will have more to report in the next issue.

Next NEZFs:

Mid Atlantic June 25-27, 2010
Rooms – 95.00 per/night.
State College, PA
Topic will be chosen at January's meeting.

New Jersey Region
January 29-31 2011

New England Region
June 2011
With Zone Wide Workshop
The NEZF website will have more info. www.nezf.org



Conference Agenda Report (CAR)

What It Is

The Conference Agenda Report contains preparatory information for the World Service Conference (WSC), which is held every two years. The next WSC will be held April 25 – May 1, 2010, near the NA World Service Office in California. The WSC is a service meeting at which the business of the meeting is the welfare and future direction of Narcotics Anonymous. World Board members and regional delegates (and alternates) meet in brainstorming/vision building/information sessions, and also in parliamentary sessions. The former are informal sessions which are devoted to discussion and presenting information. The latter are formal, using a simplified adaptation of Roberts Rules of Order. At one time the WSC was totally motion-driven, but it has been deliberately moving away from that. Today it is more and more a discussion-oriented, consensus-based decision-making body.

Why Pay Attention To It

The CAR is sent out to the fellowship in order to get a fellowship-wide conscience. Our situation is something

like a business. The purpose of a business is to make money and everything in the business must be aligned to support that goal. The primary purpose of NA is to carry our life-saving message of recovery to the addict who still suffers. The NA group knows more than anyone else what it needs to fulfill that purpose, and the wisdom of our groups is needed so that the service system is always aligned with our primary purpose. Decisions are made by the people who show up to make them. It is vital that NA members become informed and give their regional delegates and alternates the benefits of their conscience on matters that will determine our future. The lives of addicts yet unborn may depend on the decisions we make today, and we owe it to them and to ourselves to make our very best efforts.



CAR for WSC 2010

The CAR for 2010 reflects the move towards a discussion-based conference. It

contains the old business motions (14 of them) but also three major topics: NA World Service resources, our service system, and literature development. Motions often get the most attention but arguably the most important part is the topics that will be discussed.

How to Get a Copy

The 2010 CAR became available November 25, 2009, at a cost of \$8.00, including shipping and handling. It is also posted for free at <http://www.na.org/conference>. The online version is a PDF, which may be read and printed using Adobe Acrobat Reader, a free download from Adobe. You can also order a printed copy from NA World Services (NAWS) at:

World Service Office

PO Box 9999

Van Nuys, CA 91409 USA

Fax orders to: 818.700.0700

Or call 818.773.9999 extension 134 or 135.

For more information on getting a CAR voting form or the time and location of a CAR workshop near you, email the regional delegate for Northern New England Region at regionaldelegatenne@yahoo.com

MRLE Memories

I recently had the opportunity to attend MRLE in December 4, 5, and 6, 2009. The facility in Alfred, ME is a relaxing place to get together with NA friends and members that I have served with in the past, and maybe in the future! Although it seems like the main focus is the Conference Agenda Report, there is plenty of recovery and fellowship happening as well. There were recovery meetings Saturday and Sunday morning at 7am along with Friday and Saturday nights. It was exciting for me to participate in the Saturday CAR workshop and to hear addicts from many different regions share their perspective on the 14 motions and 3 discussion topics. The 2 members of the World Board that were there did an excellent job of presenting the information and facilitating the discussion, We also had a question and answer session where we asked about topics like the WSO lease, WSO Salaries, WCNA financial losses and more. Saturday night there was a clean time countdown before the meeting and then a real nice speaker shared. Sunday morning was a winding down time, from the JFT meeting at 7am, then the awesome Speaker meeting at 9am. It was a time to reflect on gratitude for the weekend. The food was excellent and plentiful as well. I left the MRLE feeling really good about the weekend. I hope to go again to the next one.

Submitted by Member of Maine Area

What is the CAT?

The Conference Approval Track (CAT) is a term used to describe items sent to conference participants ninety (90) days prior to the World Service Conference. It will be released on January 25, 2010 ,and will also be available for download from NAWS

at <http://www.na.org/?ID=conference-index> Included are any proposals for seating of regions, the draft budget and project plans for the upcoming conference cycle, and any material being presented for consideration under the service material approval process.

Revised from 2010 CAR Glossary



CAR Workshop in GSA

On Dec. 31, 2009 the Alternate Regional Delegate facilitated a Conference Agenda Report workshop in Concord, NH. There were 9 addicts present. There was considerable discussion on Motions 1, 2, 5, 6, 8 & 9, The comments on 1& 2 with centered around the wording and intent, whereas 5 & 6 were centered around those currently producing these key tags, are they

infringing on copy right or literary trust issues. Discussion on Motions 8 & 9 focused on what harm would there be in developing a project plan. Finally there was a lot of talk about what happens if Motions 12, 13 & 14 were all to pass what would be the outcome, as some motions impact other motions.

Hopefully, we can get some clarification on these concerns at the Zonal Forum on January 22 – 24, 2010 in New York City.

It is expected to have at least one more workshop in the GSA and a couple in the Seacoast Area with at least one in the Maine Area. Contact your RCM for more details on upcoming workshops.
Member Seacoast Area

MRLE at a Glance

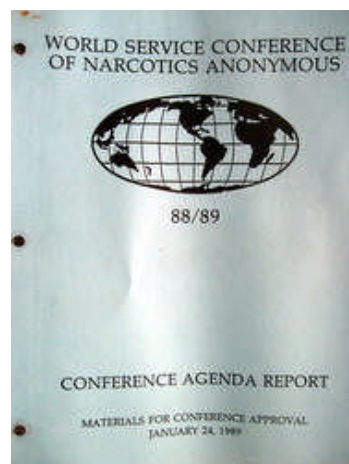
Here are a few figures from MRLE taken from the clean-time countdown on Saturday night

- 52 NA members signed the clean-time poster board
- 17 NA members first time attending MRLE
- 13 Regions attended: ABCD, Connecticut, Mid-Atlantic, New Jersey, Northern New Jersey, Canada Atlantic, Volunteer, New England, Mountain Valley, Northern New England, Greater New York, Northern New York and one more I can't think of right now

- Miles traveled was recorded at 13,544
- Clean-time added up to 749 Years, 1 month and 24 days
- Average clean-time was 14.4 years

Statement of Purpose

Note from the editors.....
Thank you for sharing recovery with us through the Northern New England Regional Newsletter. Our purpose is simple; to offer articles, news, photos, calendars of events in the area and some good clean fun as well. We encourage you to share this newsletter with your friends in recovery, and we also hope that you will find yourself inspired to contribute to this publication. In short, we are in service to you, our reader. We welcome your ideas, feedback, suggestions, opinions, and knowledge. As editors of this publication, we reserve the right to edit based on length, profanity and excessive drug or sexual reference. Thanks again.



NA World Services News



The 30th World Service Conference

Our Vision – Our Future

25 April – 1 May 2010

Woodland Hills, California, USA

For updates on current projects

~Living Clean~Our Service System~

~In Times of Illness~Self-Support~

and to access or purchase the

Conference Agenda Report

please visit the WSC area of the NAWS website:

<http://www.na.org/conference>

Service discussions @ www.na.org

Share or seek service experience, strength, and hope at

<http://disc.na.org/servdisc/>

This discussion area is organized by general area and regional service and by specific service (activities, H&I, webmasters, outreach, etc.)

Just added:

A Newsletter Service Discussion Area

<http://disc.na.org/servdisc/forumdisplay.php?f=25>

Let NAWS know...how YOU use or would like to use the service discussion areas at www.na.org. What do you seek and share on the boards? What's not

there that you'd like to see? What's of the most value to you and your service work?

Send email to naway@na.org.

Deadlines

25 January 2010

Conference Approval Track material available

1 March 2010

Regional report deadline

25 April–1 May 2010

World Service Conference 2010



Area Updates

Granite State Area

The ASC Chair has collaborated with the RD-A and RCM to bring CAR presentations to the GSANA. Please

take a look at our own literature committee website www.gsanalit.org for easy download of the 122 page CAR report, and a quick menu of the 14 motions before us to discuss.

Activities

Our New Year's Event and CAR workshop went well except the weather kept a lot of addicts away. We decided to scrap a Valentines event and shoot for a Spring Fling Event hopefully in Nashua.

BOD

The GSA Board of Directors held its annual meeting on Wednesday January 6. We will soon begin preparation for the tax season so each applicable committee

and the ASC should be preparing to submit financials as required.

Campout

We are looking forward to getting art work submissions which will be voted on at next month's area. Please continue to announce this at your groups as we have not received many new submissions and are hoping to get a lot more.

Convention

We will have our yearly bowling event on March 20. The event starts at 9. The cost is 20.00 which includes shoe rental, 3 strings of bowling and snacks. We will have flyers and tickets here next month.

H&I

There is not currently a State volunteer coordinator for the prison system due to financial cutbacks. As a result we cannot qualify new panel leaders or panel members to get into State run facilities. It is unclear how long this will be the case.

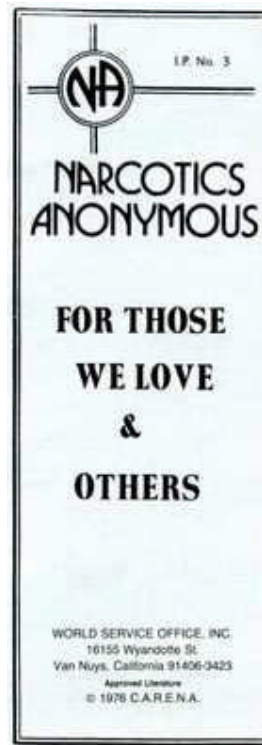
Literature

The CAR workshop at the New Year's event went well; we also have more members on the online literature forum (21 in all now)..

PI

The phone line has eliminated the antiquated technology of pagers in our system and has moved to the answering services Auto-Dial feature to reach our day and night trusted servants.

This will save our ASC \$22.14 per month or \$265.68 per year.



Maine Area

Maine Area CAR Workshop

The date is for this workshop is on Sunday, February 7, 2010, at the ASC. The CAR has 14 motions and three major topics. It is hoped that the attendees will bring this information back to their groups for group conscience. There is a voting form that

each group can fill out to send in their group conscience.

Elections

In December we recently elected an ASC Chair and Vice Chairperson

H&I

The Portland area recently held a meeting with 7 in attendance, orientation packets were given, and applications for the Cumberland County Jail were completed by many. We plan to hold another meeting on January 29 at 8:30 at the Immanuel Baptist church in Portland. We are looking to create a women's commitment for the Cumberland County Jail and willing volunteers are needed for all the Maine H@I commitments

Website

There is a new page on the website to serve as a preview of what to expect at an NA meeting for people to have never been to one. To see it, go the www.namaine.org website and on the home page, in the first paragraph titled “**Think you might have a drug problem?**”, go to the sentence “If you would like an idea of what to expect at an NA meeting, click [here](#).” and click on the word “here”. It is adapted from a page on the Northern California Regional website with permission.

Activities

We are looking into a potluck game night for the end of January/early February, a day of bowling and a Spring Fling Dance for April. The Halloween Dance was a great success, with over 65 addicts in attendance. We made enough money to cover all expenses for rental of the facility and food, with a \$100.00 positive balance.

Ad-hoc

An ad-hoc committee was formed for the purpose of updating the policy guidelines with all of the motions that have not yet been integrated. The ad-hoc dissolves at the June ASC of 2010

Seacoast Area

PR (formerly H&I and PI) is slowly ramping up, looking to organize more commitments. The PR committee will be meeting on 1/30 from 7-730 pm at the First Church Congregational, before the

Saturday night "Clean to Grow" group in Rochester, NH.

The Seacoast Activities Committee has created an upcoming event for Sunday, Feb. 21st, at a sledding, skiing, tubing location in South Berwick. There is no cost associated with this event, using the available tow rope is optional, no gear is provided, bring your own. 12-4 pm, kids are welcome.

The Seacoast Area's Freedom Under the Stars Campout (XX) has begun its meetings. The Campout will be the weekend of July 16-18 at the Goose Hollow Campground in Thornton NH. This campout will differ from past ones in that there will be a greater number of meetings, workshops and events.



To download fliers go to:

<http://gsana.org/events.html>

<http://namaine.org/events.html>

Coming Soon...



The Just for Today NA Group of Allied, Maine invites you to attend

Brothers in Spirit

11th Annual NA Men's Retreat

March 26-28, 2010
Notre Dame Spiritual Center, Alfred, ME

Packages include:
2 nights lodging at the Spiritual Center Dormitory
Meals from Friday Supper through Sunday Lunch
Lots of Snacks
Lots of Fellowship, Fun and Friends!

\$145.00 Registration for returning brothers
\$130.00 for first time attendees
\$25.00 deposit holds your place
Limited T&E, (Times Not Through), pending availability - Contact Chair after March 1, 2010

Directions to the Notre Dame Spiritual Center -
1) From the North or South - Interstate 95, (WE turnpike), to Exit 32 at Biddeford/Seco.
2) After the off ramp, turn right onto Route 111, towards Sanford/Alfred. 16 miles to the village of Alfred.
3) Turn right onto Route 202A, drive through town. About 1.8 miles on right will be sign for Spiritual Center, across from a cross pond.

Questions? Please contact Chair bill@gsana.org For Special Requirements contact Registration Chair at bill@gsana.org

Name _____	Packages @ \$145.00 _____
Address _____	Packages @ \$130.00 _____
Phone _____	Times and Rough Donation _____
E-mail _____	Total _____
Clean Time (optional) _____	Send Checks or Money Orders to:
Suggested Meeting Topics: _____	Brothers in Spirit
1. _____	42 Grant St.
2. _____	Rockland, ME 04841
3. _____	
Chair? _____	

For More Flyers: www.namaine.org

Convention Registration

Start: GSACNA VI
End: Rock Hill, Charleston, ME 02578-0001

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____

Directions

From the South: Take I-95 to Exit 104 (exit 104) and go left at end of ramp onto Spill Street Rd. To state highway and approximately 1/2 mile through one light will take a right at the second light on at Yale Blvd. Head to right on light.

From the North: Take I-95 to Exit 104 (exit 104) and go left at end of ramp onto Spill Street Rd. Head to about 1/2 mile up on light.

From Boston, MA: Take I-93 to Exit 104 (exit 104) and go left on light.

From Portland, ME: Take I-95 to Exit 104 (exit 104) and go left on light.

Registration Hours

Friday: 2:00pm-5:00pm
Saturday: 9:00am-5:00pm

Granite State Area
Conventions and Activities
COMMUNITARIAN

Spring Fling

Friday, April 26th
Church of Good Shepherd, Nashua, NH

Speaker Jan: 7pm-8pm
Pot Luck Dinner: 8pm-9pm
"Newly Together" Game Show: 9pm-10pm
Dance: 10pm-11pm
Suggested Donation: \$10

Come join us for a Speaker, Jan, Pot Luck Dinner, Game Show and Dance! This event is a fundraiser to help raise money for Granite State's Area Convention VI Freedom Through Unity in Nashua NH. *This will be a pot luck so bring your favorite dish to share!*

***** PLEASE NOTE *****

- Events are responsible for the actions of their attendees.
- Firearms available for sale at consignment.
- Registration includes complete list of nights and dinner on Friday night, 7 meals on Saturday, breakfast on Sunday.
- Ships must be labeled and approved at all times.
- Failure to attend for and pick up other your pet will result in being added to leave the consignment.
- The package does NOT include overnight camping.
- The largest committee reserves the right to pick animals to have for any reason, on an on-site basis.

DIRECTIONS TO CAMPUS:
INTERSTATE 93 OR 5, TAKE EXIT #1 TO THE E. LINDEN, THEN LEFT ON 10 N. THERE IS A SIGN FOR APPLE HILL CAMPGROUND IN Bethel, NH ON THE CORNER. THE CAMPGROUND IS ABOUT 1 MILE DOWN ON THE LEFT. City: 10 minutes from EE

Download this form at our Web Site: GSANA.ORG

GSANA Home Page
1.888.944.2992
2.0843.3117

Granite State Area

Fellowship in the Field
Spiritual Plenty after XX

June 24, 25, 26, 27, 2010

Special 4 day event!!!

Apple Hill Campground
Bethel, NH

Narcotics Anonymous

Northern New England
Regional Service Committee Meeting
March 13, 2010 In The Maine Area

Mercy Hospital, 144 State Street, Portland, Maine

Administrative Conference Room (ACR), Level B1
Setup and subcommittee - 11AM / RSC Meeting begins at noon.

Mercy Hospital is another former of State and trying to be. Use the State Street Entrance, take the elevator down your level, get right and then go all the way down the hall to the ACR.

From Maine South: From the Maine Turnpike (I-95) Exit at 44 South Portland / Long (formerly exit 63) and merge with I-95. Follow I-95 to Exit 14 (off exit 14) and merge with I-95. Turn right at the end of the ramp. Turn right immediately on the left on State Street. The hospital will be on your right at 144 State Street.

From Maine North (I-95): Take the Maine Turnpike (I-95) south on Exit 44 (formerly: Lonsdale Avenue) and I-95. Turn left onto Franklin Street. Drive to exit and turn left onto Brighton Avenue (Rte. 17). Follow past the Portland Campus of the University of Southern Maine. Turn right (South on Brighton Avenue) Turn left at the next intersection onto Park Avenue. Turn right at 44 of Rte 17 (Main Street). The hospital will be on your right at 144 State Street.

Everyone Welcome!

For more information, please contact:
Doreen F. Regional Delegate / Mike P. Chairperson
GSA SE Team Telephone: 1.888.NA.6641 / 1.800.824.8178

CAR Fun Word Scramble

Unscramble the words below:

1. cerfncoene _____

3. rpreto _____

5. wdwolierd _____

7. onigtv _____

9. reartuetli _____

11. ecrives _____

13. tdgeeeasl _____

15. snaw _____

17. iadnosttri _____

19. ealcn _____

21. dlaisepehr _____

23. atkeygs _____

25. eddcxae _____

27. act _____

29. rgoowpruk _____

31. eeiwvr _____

33. udmendda _____

35. stgraceti _____

37. porgu _____

39. evsartrn _____

2. dganea _____

4. oismton _____

6. sidsioncsu _____

8. prpaoval _____

10. vnoisi _____

12. noergi _____

14. soesucerr _____

16. csw _____

18. pnocscete _____

20. dfninug _____

22. omtioucnanimc _____

24. epplur _____

26. rjpotec _____

28. anatroiel _____

30. eloilfshwp _____

32. pnitu _____

34. ieuss _____

36. unnitoistboer _____

38. utretds _____

40. seconcienc _____

Northern New England Region of NA—February 2010

M	T	W	T	Fri.	Sat.	Sun.
1	2	3	4	5	6	7 Maine CAR Workshop Noon to 4pm Mid-Coast Hospital, 123 Medical Center Drive, Brunswick, ME
8	9	10	11	12	13	14 Seacoast ASC 6pm, Wentworth-Douglass Hospital, Community Conference Room, 789 Central Ave., Dover, NH. Granite State ASC 9am, Manchester VA Medical Center, 718 Smyth Road,
15	16	17 One Promise Group Conway Methodist Church, Conway Village, NH	18	19 Maine Winter Unity Fest Notre Dame Spiritual Center 147 Shaker Rd., Alfred, ME	20 Maine Winter Unity Fest Notre Dame Spiritual Center 147 Shaker Rd., Alfred, ME	21 Maine Winter Unity Fest Notre Dame Spiritual Center 147 Shaker Rd., Alfred, ME Seacoast Ski, Sled, Tubing Powderhouse Hill Ski Area Agamenticus Rd., South Berwick, ME
22	23	24	25	26	27 Maine ASC noon, 10:30am Subcommittees & Literature purchases. Mid-Coast Hospital, 123 Medical Center Drive, Brunswick, ME	28

Northern New England Region of NA—March 2010

Mon	Tue	Wed.	Thur	Fri.	Sat.	Sun.
1	2	3	4	5	6	7
8	9	10	11	12	13 NNERSC noon VA Hospital, Manchester, NH. Smyth Rd., 6 th Floor; Subcommittees 11:00 am	14 Seacoast ASC 6pm, Wentworth-Douglass Hospital, Community Conference Room, 789 Central Ave., Dover, NH. Granite State ASC 9am, Manchester VA Medical Center, 718 Smyth Road, Manchester, NH
15	16	17	18	19	20	21
22	23	24	25	26 Maine Brothers In Spirit Notre Dame Spiritual Center 147 Shaker Rd., Alfred, ME	27 Maine Brothers In Spirit Notre Dame Spiritual Center 147 Shaker Rd., Alfred, ME Maine ASC noon, 10:30am Subcommittees & Literature purchases. Mid-Coast Hospital, 123 Medical Center Drive, Brunswick, ME	28 Maine Brothers In Spirit Notre Dame Spiritual Center 147 Shaker Rd., Alfred, ME
29	30	31				