

### WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## Just For Today . . .

### I never have to use again!!!

### Phone Numbers

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If your meeting does not appear  
on this list please write:

**4-Seasons Area  
of N.A.  
P.O. Box 608  
Plaistow, N.H. 03865**

**Thank you,  
Littiture Committee**

## NARCOTICS ANONYMOUS



### Four Seasons Area

### Meeting List

### Summer '86



## Sunday

### *"TIME IS NOW"*

Frisbee Hospital  
Rochester, N.H.  
7:00 p.m. (OSPD)

### *"AWARENESS"*

88 Hanover St.  
2nd floor  
Manchester, N.H.  
10:00 a.m. (OSPD)

### *"CAME TO BELIEVE"*

Grace Methodist Church  
471 Main Street  
Haverhill, MA.  
7:00 p.m. (OD)

## Monday

### *"HIGH ON LIFE"*

St. Anne's Bingo Hall  
Haverhill St. (Rte. 110)  
Lawrence, MA.  
8:00 p.m. (OSPD)

### *"FREEDOM GROUP"*

Portsmouth Hospital  
Junkins Ave.  
Portsmouth, N.H.  
7:30 p.m. (OSPD)

### *Concord Group*

450 N. Main St.  
Concord, N.H.  
7:30 – 9:00 p.m. (OSPD)

### *St. Joseph Jr. High*

Corner of Bridge and Pine St.  
Manchester, N.H.  
7:30 – 9:15 p.m. (OSPDNS)

## Tuesday

### *"TO THINE OWN SELF BE TRUE"*

Holy Angels Church Hall  
Route 121  
Plaistow, N.H.  
8:00 p.m. (OSPD)

## Wednesday

### *"W.C.A.L.W.B."*

Clark Rd.  
Andover, MA.  
7:30 – 9:00 p.m. (OWD)

### *Seabourne Hospital*

Seabourne Drive  
Dover, N.H.  
8:00 p.m. (OSPDNS)

### *"S.W.D."*

North Parish  
Mass. Ave.  
No. Andover, MA.  
8:00 p.m. (OMD)

St. Joseph Rel. Ed. Center  
Corner Messer & Church Sts.  
Laconia, N.H. (Yellow house)  
8:00 p.m. (OD)

### *"STAIRWAY TO LIFE"*

Easter Seals Center  
Auburn & Lincoln Sts.  
Manchester, N.H.  
7:30 p.m. (OSTD)

## Thursday

### *"SAFE HARBOR"*

St. Louis de Gonzague Church  
Federal & Beck Sts.  
Newburyport, MA.  
8:00 p.m. (OSPD)

### *"A WAY OF LIFE" "TOGETHER"*

Bon-Secours Hospital  
(Board Room)  
East Street  
Methuen, Mass.  
8:00 p.m. (OSTD)

Old Boy's Club Building  
Hampstead Rd.  
Derry, N.H.  
8:00 p.m. (OSPD)

## Friday

### *"JUST FOR TODAY"*

Union Congregational Church  
350 Main St.  
Amesbury, MA.  
8:00 p.m. (OSPD)

### *"SEABOURNE HOSPITAL"*

Seabourne Drive  
Dover, N.H.  
8:00 p.m. (OSPD)

### *"NASHUA GROUP"*

St. Joseph's Hospital  
Nashua, N.H.  
8:00 p.m. (OSPD)

## Saturday

### *"RECOVERY ROAD"*

1st Baptist Church  
Main St.  
Plaistow, N.H.  
6:30 p.m. (OSPDNS)

### *"EMANON"*

Grace Church  
Lowell St.  
Manchester, N.H.  
7:30 p.m. (OSPD)

### *"FRANKLIN MEETING"*

St. Jude's Episcopal Church  
Central St.  
Franklin, N.H.  
8:00 p.m. (OSPD)

Brookside Hospital  
Rte. 101A (left @ Greystone Plaza)  
Nashua, N.H.  
1:30 p.m. (OSPD)