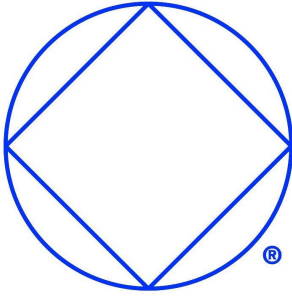


Northern New England News



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August 2008

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Issue 28

RD Report
July 12, 2008

Hello everyone, I love Brunswick in July! At the last RSC I was given a check for \$64.00 to renew the Saco PO Box. The actual cost was \$72.00, so I will be looking to be reimbursed for the \$8.00 I paid out of my own money. I also received a check for \$350.00 to attend the NEZF in Albany, NY. The costs were: Gas \$36.34, food \$78.36, tolls \$5.55, hotel \$101.46, for a total of \$212.02 spent. This leaves the amount of \$137.98 to be returned to the RSC today (ouch). Here are a few of the highlights from the Zonal in the ABCD Region: There were 11 Regions present.

ABCD	RD	RD-A
Buckeye	Not Present	Not Present
Connecticut	Not Present	RD-A
Eastern New York	No RD	RD-A
Greater New York	RD RD-A	RD-A Too
Mid-Atlantic	RD	Not Present
Mountain Valley	Not Present	RD-A
New England	RD	RD-A
New Jersey	RD	Not Present
Northern New England	RD	Not Present
Northern New Jersey	Not Present	RD-A
Northern New York	No RD	No RD-A
Western New York	RD	No RD-A
Chairperson	Present	
Vice Chair	Present	
Secretary	Present	

We received a thank you letter from the NEZF Trusted Servants for our regions one time donation of \$60.00.

- We discussed the zonal direction in relation to the evolving direction of the WSC. We discussed the unclear definitions of “another level of service”, we discussed how some of us do want to us to change from a discussion based body to a more action based body. I talked about my resistance to donating to the NEZF for services, for the Zone Wide Workshop etc. We talked about how to make the discussion sessions more user friendly, talk more about our regions issues and solutions.
- NAWS is interested in having a World Wide Workshop in the New England Region in March or April of 2009, near Boston. More will be revealed. Potential conflicts are New England Regional Convention and also the planned Zone Wide Workshop in the Eastern New York Region in June of 2009
- The Zone Wide Workshop will be held in summer 2009, possibly near LaGuardia Airport. Eastern NY is hosting and we need room for 50 or 60 people. Members in the surrounding regions, not necessarily current NEZF members. Possibly there will be 2 topics: A local Fellowship topic and a Conference Cycle topic. Hopefully a flyer will come out by the January meeting.
- Secretary – Judi was re-elected for another 2 year term

- Vice Chair – Elliot from ABCD and Richie from Eastern NY were both nominated for Vice Chair. Elliot was elected as Vice Chair
- Jeremy was nominated Chairperson. Richie was also nominated and accepted for Chair. Richie was elected as Chairperson

Next NEZF meetings

- ✓ **January 23-25, 2009** hosted by Connecticut Region
Courtyard by Marriott Cromwell
4 Sebethe Drive
Cromwell, CT 06416
\$99/night
- ✓ **June 26-28, 2009** hosted by Eastern New York region
- ✓ **January 29, 30, 31 2010** Greater New York Region
 - Suggestion that either someone from the hosting region or a funded RD be our chairperson and Vice Chair and dispense with the “unfunded trusted servants” issue.
 - Began discussing the disposition of the money management proposal from the January Zone. (*I messed up and did not do my homework on these proposals, and did not ask for feedback at the region for the proposals*)
 - Suggested to explore e-Bank as an option for holding funds for the zone
 - The Money Management proposal was **tabled** because many of the regions did not get a regional conscience. (Must bring it back to the NNE)
 - Website – 8 Regions voted in favor of funding the NEZF website \$ 240.00 – 8 regions were to pay

\$30.00 per region. Earlier Richie was directed not to pay out of his own pocket. To date, he has not received \$40.00. Money was received from: ABCD, NNJ, NE, NNE, ENY, GNY, Mid-A, \$20.00 each was received from Mountain Valley and 2 anonymous personal contributions. Now that the funding has been received, we should be able to see the beginnings of the website be unveiled by beginning of August

- Began discussing the proposal to create a website position for the NEZF from the last meeting. This is a proposal that would require guideline changes, and will be postponed until the next meeting.

- We heard the following proposal:

Proposal: That the Chair and Vice Chair of the NEZF be members from the hosting region.

Intent: We the regions of the NEZF have qualified members in our Fellowship that are capable to facilitate the NEZF

Proposal will be revised and submitted in January

- To use the \$200.00 to purchase software to help the secretary with the minutes. Proposal withdrawn due to the extreme vagueness of the wording.

The topic for the January 2009 NEZF will be the Area Planning Tool adapted for the Zonal Forum. We will be using the Zonal Planning Tool, not just discussing it.

I have been keeping up with the usual updating of the NAWS database for the meetings in the region. In the next few days I will update the database with the info of our new Trusted Servants from today's elections.

- The 6th Edition Basic Text will be available on October 1, 2008. It will cost \$11.00. At this time the 5th edition will be removed from inventory. The 6th Edition Commemorative Edition will also be available on October 1st and will cost \$25.00..
- The new pamphlets **By Young Addicts, For Young Addicts** and **For The Parents And Guardians Of Young People In NA** have been available since July 1st 2008.
- NAWS will start producing Bronze colored Roman Numeral medallions. Release date is October 1st, 2008
- The July 30 deadline is fast approaching for the Service Pamphlets current out for review and input. If a Delegate is elected today, then I will work with he or she to insure that any and all input will be given to the World Board by the deadline.

Since the last RSC, I attended all three ASCs to give a brief WSC report and to answer questions. It was a lot of fun interacting about the Conference stuff, when it was so fresh. At the Granite State Area meeting, people were pretty upset over the idea that the RD-A was not going to run for the Regional Delegate position. Some members strongly felt that if the RD-A knew that he was not going to be the RD, then he should not have attended the WSC and maybe we could have someone else to go instead.

This is a time of mixed emotions for me. Being the Regional Delegate of the region I love so much has been an incredible experience for me. I have grown tremendously in the 6 years that I have been serving as the RD, and I appreciate the trust and support that I have received from the NA members throughout our region. I look forward to working with the Delegate(s) to insure a smooth transition. The hard part will be minding my own business! I have got to end this report now!
Thanks, Rotating out RD

We thank you for your diligent service to NA.

In this issue:

Rotating out RD's Final Report. p.1,2, 3

E.S.H: How Service Works for me. p 4

Meeting updates and List links. p.5

E.S.H.: Being of Service. p.5

Searching for Spiritual Principles. p. 6

Up coming events p.7

More Recovery Terms to find: p.8

DISCLAIMER: The opinions expressed here do not necessarily reflect the views of NA as a whole, the NNE RSC, or the Newsletter Subcommittee.



Do I see what H.P. has is mind for me?
How do I find out? Hmmm.

NNERSC News

Next RSC meeting is **September 13, 2008** in Granite State Area

<http://www.gsana.org/download/0708RSCweb.pdf>

<http://namaine.org/serviceSchedule.html>

Dates of future RSC meetings are:
September 13, 2008 (Granite State Area)
November 8, 2008 (Maine Area)
January 10, 2009 (Maine Area)

How Service Works For Me!

When I first came to recovery, I looked at trusted servants as the “grown-ups” in my home group. They had responsibilities that I didn’t even understand. But most of all, they were “trusted.” I wanted that. The first time I was entrusted with the keys to our meeting space and given the responsibility of opening up and setting up for the meeting, I was so nervous and scared I would do it wrong or be late, or, worse, forget! I had so little experience living clean. It was good for me to see I could be useful. It kept me coming back during times I would rather have skipped the meeting and gone back to my old ways, something I couldn’t afford to do.

When I moved to Maine, the new home group was so small that everybody shared the responsibilities for keeping the meeting going. Over and over again my new recovery family reminded me: “We don’t do anything alone! There’s always help.” When I took the position of group secretary, they walked me through the business meetings until I could do it myself. When I couldn’t open during a snowstorm, a person who lived closer could. I began to feel a part of instead of apart from.

Eventually, I came to realize some of our members were going to something called Area Service, and they seemed pretty enthusiastic about it. They gave up a whole Saturday each month and came back with reports for the group. Most of it was mystifying to me, but I understood one thing about “Area” – It was one step closer in the service structure to the amazing addicts who had written the literature at NA World Service, and that meant they had but one primary purpose: to carry the message of hope and recovery to the still-suffering addict, as they had done for me when I first walked through those doors. I began to realize I was a part of something I could be proud of.

Eventually, I moved about an hour away and my new home group was almost defunct. Three or four addicts had been keeping it together, falling behind in the rent, with no literature, very few key tags, and low morale. I missed my old home group terribly.

And then it hit me: If I got involved with Area Service, I could see my old friends once a month! So I asked the group if they would hold a business meeting and discuss sending a GSR (General Service Representative) to Area Service. They said okay, and that was that!

At my first meeting of Area Service, I was thrilled to see so many old friends. As I explained the situation of my new home group, I was told I could apply for a new group started package, which would help replace some items that had been stolen from the group. I did, the committee voted, and I returned home with a package of Informational Pamphlets, a Basic Text, a set of the opening readings, and key tags! All the words in the world could not have conveyed the loving support of the fellowship of NA for our sick and suffering group better than did the gift of those materials to help us put on a meeting.

After attending a couple of meetings of Area Service, I began to wonder about some of the coordinator positions that were open. I noticed they were announced every time, and the Chairman said if anyone was interested to speak to him, so I did, and eventually I was elected to one of them. It’s a lot of responsibility, but I don’t do it alone. I have the support of the other Chairpersons, my sponsor, and all the recovering addicts whom I see in meetings, as well as from the addict who held the position previously.

Service has been a big part of my recovery. It’s kept me coming back, sometimes for the addict who expected a meeting, sometimes for something new to do, or to make new clean friends. Through service I have learned that I can be responsible and that I am trustworthy, and that you are, too. We’re all in this together, and each of us carries the message in our unique way, and between us we are sure to attract the addict who needs recovery today.

Thanks for letting me share how it works for me!

In loving service,

Phyllis C.
Who Am I Group of Waterville, ME



Does my disease try any way it can to kill me?
 What is it trying today?
 What are my possible solutions?
 Keep Coming Back
 More will be revealed.

ONLINE MEETING LINKS

[http://www.gsana.org/download/GSANA Meeting List.pdf](http://www.gsana.org/download/GSANA_Meeting_List.pdf)
<http://namaine.org/docs/mtglist.pdf>

MEETING LIST CHANGES

MEETING MOVING

Tuesday Night: New Location: SISTERS BACK TO BASICS GROUP : YMCA, 30 Mechanic Street, (Basement), Nashua, NH

What's Going on in Your Area

Maine Area

Granite State Area

Seacoast Area

Being of Service

Are you willing to step up?

I believe that service is just one area of a well rounded program. It is a special place for addicts who are willing to step out of their comfort zone, and give of themselves. Service has been an integral part of my recovery. It keeps me in line with being God centered instead of being self centered... which is the core of my disease. It helps me to stay in tune with the ever changing atmosphere of recovery in and out of my area. It helps me to make amends to

the still suffering addict, and the community in which I live; because I was the liar, cheat and thief that everyone had to deal with.

Service is really a gift that only we can open when we choose to participate. My experience with service has helped me to grow into the person God, and I, knew I could be. Everything I've learned in service has been transferred to my everyday home and work life... I've learned how to handle money with a treasury commitment. I've learned that if I suit up, get to a meeting to set up, the addict seeking recovery will show up.... secretaries are invaluable. I've learned that it is not all about me. That it is all about you, and meeting your needs; and in the process my needs are met way beyond my wildest dreams. I've learned by being a literature distribution officer in my area, that I can handle a bank account, inventory supplies, and complete the re-ordering process to be sure that the still suffering addict has the life saving literature that Narcotics Anonymous offers. I've been trusted in recovery by being of service. My own family wouldn't trust me for a really long time. It has taken them a decade or more to allow me to be in their presence without thinking in the back of their minds if I was going to rip them off. That alone is a miracle in itself!

So my question to you is.... Are you willing to be of service?

Posted on the Cirna.org web page anonymously (thank you)

Carry The Message!

“We can only keep what we have by giving it away.” This is your space to share your experience, strength and hope. We have an open topic forum and a forum emphasizing service work. Poetry, Art, Photo's and articles regarding NA History (personal or archival snippets) are welcome. There are many ways to share experience, strength and hope.

Please send your contributions along with your release form to the nnewsletter@yahoo.com, or to NNERSC, P.O. Box 1274, Saco, ME 04072. Please try to limit your sharing to half a page, single-spaced. Thanks in advance for your participation.

→October Issue Deadline: September 15th←

Searching for Spiritual Principles

Words can be forwards, backwards, and diagonally.

E P O H E E I O I E O O C D I
V R A E N T O D S R I E S N N I
O H R L T A N E O S T S L A E O
L S U M N O R N L O E U Y T H E
L U E M P V R E C N A R E L O T
A N H E I E N L G N O R C D N N
N S O C I L N N E H T E N I E E
O P E N - M I N D E D N E S S H
I D I N M L U T M N O D I A T R
T G I R L S N E Y G N E T I Y H
I S T I W E O E G N I R A H S I
D O W S M E I S E I U F P F N R
N I I T O M O C R R I S E I A C
O H E T E L T M T A E U N T R E
C S O E E N I N L C E O T E W Y
N V R Y S E L E S E T E D O N H
U O N D U E I A I N N F E D N R

Caring

Faith

Honesty

Hope

Humility

Open-mindedness

Patience

Service

Sharing

Surrender

Tolerance

Unconditional love

Willingness

Northern New England Region of NA—August 2008

Fri.	Sat.	Sun.
1 Granite State Area Convention 5 Vision Of Hope: August 1, 2, 3	2 Granite State Area Convention 5 Vision Of Hope: August 1, 2, 3	3 Granite State Area Convention 5 Vision Of Hope: August 1, 2, 3
8	9	10 Seacoast ASC noon - 4pm, Wentworth-Douglas Hospital, Salmon Falls Room, 789 Central Ave., Dover, NH. Granite State ASC 9am, Manchester VA Medical Center, 718 Smyth Road Manchester, NH.
15 BACK TO BASICS 24 CAMPOUT AUGUST 14- 17	16 PL/Meeting/Dance http://namaine.org/docs/dance.pdf	17
29	30 Resentment Bonfire http://namaine.org/docs/bon_fire.pdf Maine ASC Canceled till next month http://namaine.org/serviceSchedule.html	31

Area & Regional Service Schedules

<http://www.gsana.org/news.html>
<http://namaine.org/serviceSchedule.html>

Northern New England Region of NA—September 2008

Fri.	Sat.	Sun.
12	13 RSC September 13, 2008 In The Granite State Area VA Hospital, Smyth Road Manchester, NH noon—4 pm http://www.gsana.org/download/0908%20RSCweb.pdf	14 Seacoast ASC noon - 4pm, Wentworth-Douglas Hospital, Salmon Falls Room, 789 Central Ave., Dover, NH. Granite State ASC 1:45pm, Manchester VA Medical Center, 718 Smyth Road Manchester, NH.
19 Miracle 25 NA Convention: September 19-21	20 Miracle 25 NA Convention: September 19-21 http://namaine.org/docs/Miracle_25.pdf	21 Miracle 25 NA Convention: September 19-21
26	27 Maine ASC noon, 10:30am Sub committees & Literature purchases. 85 Union St., the McLellan Building in Brunswick ME	28

Word Search

H O M E G R O U P R F V T T G S P O N S O R S H I P K
 I Q A Z O W S X E D C R R F V T G B Y E E R E O T L J
 G Y H A D D I C T N U J U M I K S E L F R E S P E C T
 H U F N A E E L Y H G F S R E P L O O Q I R T E R P H
 E I P O C V M E T R U S T E D S E R V A N T M T E O G
 R O O N M N R A N P R A D N A F A T E A O M N B W I F
 P R A Y E R A N A R C O T I C S T I N S U C X V Q U D
 O R F M K E N S T O O I R R H E G J I F T B D S A Y S
 W A L O L S T E R S B M A E M R M E D I T A T I O N A
 E Y R U E P D E D D S P D M N E F E H F Y L H E A E Z
 R S E S T E P S P L E K I H A N Q S N R T A N N S W X
 R E W Q U C O P I E S A T E I I O U B E R N V B Z C C
 T G R O W T H T R E S P I R I T U A L E W C B M D O V
 Y U F D V I O P A S I R O O P Y D O V D E E P O X M B
 A C C E P T A N C E O D N I L K M N C O S D D F C E N
 A C E G H F G H H O N E S T Y J K L Z M X C V B F R M

Find These Words going either vertically or horizontally

Higher Power		Respect		Steps
Home Group		Growth		Acceptance
God		Honesty		Anonymous
Addict		Traditions		Obsession
Prayer		Clean		Trusted Servant
Trust		Narcotics		Freedom
Spiritual		Serenity		Newcomer
Balance		Self Respect		Hope
Meditation		Love		Sponsorship