

Northern New England News



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nnenewsletter@yahoo.com

Issue 21

RSC News

The next RSC is scheduled for July 14, 2007 in the Maine Area at People Plus, 6 Noble Street in Brunswick, Maine. The RSC begins at 12 Noon. From the South: 95 North to Exit 44 onto I-295 to Exit 28 (Brunswick); the exit comes onto Pleasant St. Go straight on Pleasant St. until it ends at Main St. in downtown Brunswick. Turn Right onto Main St. & go up a slight incline—First Parish Church is on left (very prominent landmark) Turn RIGHT directly across street from First Parish Church onto Noble St. Brown building on the corner is the Hall.

- Dates of next RSC meetings: September 8th in GSA and November 10th in Maine Area, January 12, 2008 in Maine Area
- Elections in July for Chairperson, Vice Chair, Secretary, Treasurer & Newsletter.
- The MRLE Committee will be meeting on June 16, in an undisclosed location in Portland, ME. Ask your RCM for more info. Look for a flyer soon
- Budgets were approved in May, the new fiscal year begins July 1, 2007
- Look for final reports from RSC Members in July
- We should be voting as a region in July on proposals from the NEZF to allow the NEZF to create a zonal website and to allow the ad-hoc NEZF Website Committee to select the best hosting plan.

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Experience, Strength and Hope

Pain = Growth Opportunity

Pain is a fact of life but suffering is optional. When we began our active addiction most of us thought we were having fun. But when we look back we discover that our real motivation was to kill some pain in our life. Eventually our disease turned on us, and our addiction itself became the pain. We couldn't live with it and we couldn't live without it.

In recovery, we need to experience our negative feelings and understand them honestly without returning to our old ways in order to escape our emotional realities. We know where our will took us in the past, so to change for the better we have to surrender our will and our lives to our Higher Power to win. Like everything we do in life, the journey begins with a first step.

We accept that we are powerless over the cause of our pain, and the amount of unmanageability it creates in our lives. We then start believing that the God of our understanding will help us carry the burden. Then we surrender our will in exchange for the will of our Higher Power. We need to be honest about our problem, keep an open mind to find the message that our Higher Power is giving to us - in any form it comes to us - and willing to do our best to act (or not act) on that lesson, while leaving the results up to God as each of us understand Him.

To get past the hurt inside we need to not only experience our pain, but also grow through those negative emotions. Our friends in the Fellowship - who our Higher Power often speaks through - are there to help us along the way with their guidance. We gain strength through their experiences, as well as hope that our lives will get better. And in trusting that our friends, and more importantly that the God of our understanding is right there with us, will

help us grow through the pain. Remember, a problem shared is a problem divided.

Now, today, I will appreciate the fact that I can feel my pain. I will believe that I have other options available to me to deal with my emotions without having my disease control my behavior. The only thing that will prevent me from growing through the pain is when I won't accept the will of my Higher Power. As God saved me from my active addiction, God will take care of the rest of my life!

**I can't
God can
He will if I let him
Will I let him today?**

*Grateful recovering addict in central
Pennsylvania (MARLCNA)*

✉ *Carry The Message!*

“We can only keep what we have by giving it away.” This is *your* space to share your experience, strength and hope. We have an open topic forum and a forum emphasizing service work. Poetry, Art, and articles regarding NA History (personal or archival snippets) are welcome. There are many ways to share experience, strength and hope.

Send contributions to nnewsletter@yahoo.com. Please limit your sharing to half a page, single-spaced. Thanks in advance for your participation.

→ August Issue Deadline: July 15th ←

Meeting Updates

NEW MEETING:

Franklin, NH—Friday, *Another Day Clean* meets at the Unitarian Universalist Church, 206 Central Street from 7:30 – 9:00 PM

Poland, Maine—Monday, *Still Struggling*, meets at the Poland Community Church across from the Library. O D 7:00 – 8:00 PM

South Portland, Maine—Thursday Night, *Step Meeting*, Elm Street United Methodist Church (one block from Broadway.) Elm St. is between Newiscks & Amatos. 6:00 – 7:15 PM O D 12

MEETING RE-OPENED:

Portland, Maine—Monday & Friday, *Super Rowdy Recovery All Stars*, 12:00 – 1:00 PM now meeting at the St. Luke's Church, 143 State St. Use Park St. Entrance

TIME CHANGE:

Lewiston, Maine—Sunday, *Simply Addicts*, now meeting from 7:00 – 8:00 PM

Old Orchard, Maine—Wednesday, *Serenity by the Sea*, now meets from 7:30 – 8:30 PM

Norway, Maine—Tuesday, *Clean & Crazy*, changed meeting time. They now meet at 7:00 PM, still at the Unitarian Universalist Church

FORMAT CHANGE/TIME CHANGE:

Portland, Maine—Tuesday, Wednesday & Thursday, *Super Rowdy Recovery All Stars*, 12:00 - 1:00 PM now a Just For Today Format. Still meeting at the Immanuel Baptist Church, 156 High St., Use Deering Street (rear entrance)

What's Going on in My Area

Currently, the Granite State Area has some open positions: RCM I and RCM II, Literature Chairperson, Outreach Chairperson and Board of Directors voting members. Also,

we have many open H&I commitments and are turning requests from facilities down. PI is seeking a vice-chairperson, secretary, phonline message changer, website servants and pager carriers.

Positions opening up in June for elections are: Treasurer, Activities Chairperson, Area Vice-Chairperson and Area Chairperson.

Our Activities Subcommittee is hosting a Cookout/Softball game at the Elm Brook State Park in Contoocook, NH on Monday, May 28th. There will also be volleyball, swimming, and lots of fellowship. More details and a flyer can be found on our website.

PI has been in collaboration with other areas, carrying out presentations at many high schools. It's been nice to work with other areas, pool our resources and meet new people. H&I continues to grow, adding new panel leaders, but we always need more support!!

We will be having our 17th annual campout on June 22, 23 and 24th in Bethlehem, NH! Please join us! Also, the One Addict Helping Another group in Groton, MA will be celebrating its 15th anniversary on June 14th from 6pm to ???, with food, a meeting, NA-themed games and fellowship. More details, again, on our website.

ILS, GSA Area Chair



NA World Services News

- NA World Unity Day will be held at WCNA-32 on Sunday September 2, 2007 at noon Eastern Daylight Time. For more information, please click on the link:
http://www.na.org/pdf/wcna/07_WORLD_UNITY_DAY_eng.pdf
- Woodland Hills, California, USA – November 9-10, 2007 NAWS Literature Distribution & Convention Workshop. For more information, please click on the link:
<http://www.na.org/nawsevents/07litwkshop.pdf>
- June 1, 2007 is the release date for the new World Pool Information Form. This is the form used to enter the World Pool. This resource pool is used to select NA members to serve on World Service Workgroups or to be in the pool for possible nomination for World Board member, Human Resource Panel member, or WSC Co-facilitator. For more information, please click on the link: <http://www.na.org/HRP/wpif-default.htm>
- For more info on the NAWS Bulletin on tax liability, look here:
http://www.na.org/bulletins/Bulletin_33_Jan07.pdf



WCNA-32

32nd World Convention of NA

29 August-2 September 2007

Henry Gonzalez Convention Center

San Antonio, Texas, USA

Click on the above link for the current info.

World Services Calendar and Deadlines

- **August 29- Sept 2, 2007** WCNA-32, San Antonio, Texas
- **September 1, 2007** Approval form of Sixth Edition Basic Text released
- **April 24–May 4, 2008** - World Service Conference

Upcoming NEZF Meetings

July 27, 28, 29 2007 Northern New York Region

NEZF is in conjunction with the NNYRCNA Promise of Freedom XVI

Double Tree Hotel

111 Jefferson Road

Rochester, NY 14623

Topic: NAWS Bulletin #33: USA Liability Insurance Bulletin

January 25, 26, 27 2008 Western NY Region

Holiday Inn, Grand Island, NY

June 20, 21, 22 2008 ABCD Region

North East Zonal Forum

- The Zone Wide Workshop Committee is to present a proposal in July for specific plans to host a ZWW. This proposal will go back to the regions for a vote.

NNE News Fun Page

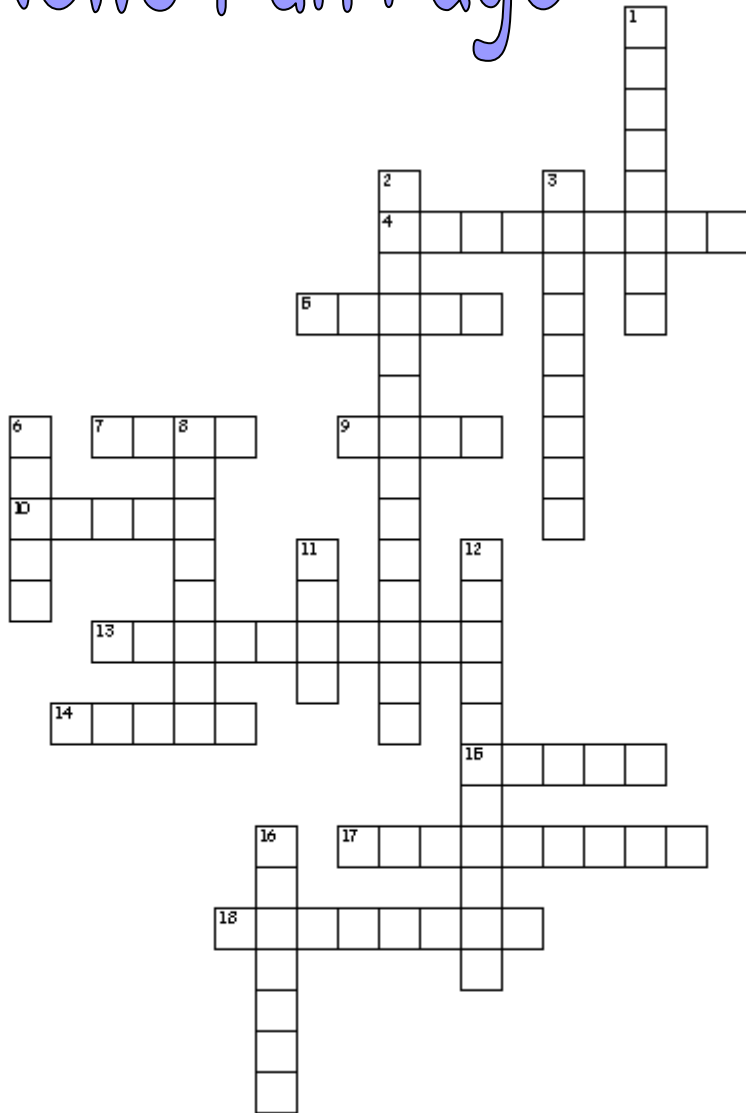
Feelings

Across

- 4. Alienation, exclude
- 5. Harmony, quiet, serenity
- 7. Belief, desire, expectation
- 9. Adoration, devotion
- 10. Shame
- 13. Secluded
- 14. Loss
- 15. Belief, certainty, confidence, conviction
- 17. Endurance, open-minded, patience
- 18. Modest

Down

- 1. Peace, repose
- 2. Let-down
- 3. Delight, exultation, gladness
- 6. Upset, mad
- 8. Constancy, endurance, perseverance
- 11. Agony, distress
- 12. Annoyance, bitterness, grudge
- 16. Strength



LIFE IN RECOVERY



Northern New England Region of NA—June 2007

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
				1	2 Maine ASC noon 10:30am Literature purchases. The People Place, 6 Noble St. Brunswick, ME.	3
4	5	6	7	8 Granite State Freedom Under the Stars XVII Meet & Eat Fundraiser 5:30 – 10 PM	9	10 Granite State ASC 9am, Manchester VA Medical Center 718 Smyth Road Manchester, NH.
11	12	13	14 Granite State Groton, MA—One Addict Helping Another Group 15-yr. Anniversary 6:00 PM - Midnight	15, 16, & 17 th Maine Area Sisters in the Sun at the Notre Dame Spiritual Center, Alfred, Maine		
18	19	20	21	22, 23 & 24 th Granite State Bethlehem, NH GSA Fellowship in the Field Campout		
25	26	27	28	29	30	

Northern New England Region of NA—July 2007

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
						1 Seacoast: Fun in the Sun Softball 11:00 AM – 5:00 PM in Stratham, NH
2	3	4	5	6	7	8 Seacoast ASC noon - 4pm, Wentworth-Douglas Hospital, Salmon Falls Room, 789 Central Ave., Dover, NH. Granite State ASC 1:45pm, Manchester VA Medical Center, 718 Smyth Rd. Manchester, NH.
9	10	11	12	13	14 RSC see page one for details.	15
16	17	18	19	20, 21 & 22 nd Granite State Thornton, NH, Freedom Under the Stars Campout		
23	24	25	26	27	28 Maine ASC noon, 10:30am Lit. purchases. The People Place, 6 Noble St., Brunswick, ME.	29
30	31					

To submit an event for the Calendar, email the information along with the name of your Area to nnenewsletter@yahoo.com